



PATIENT

Jake Bradford

PRESENTING CLINICAL SIGNS

PU/PD; Isosthenuria; Increased liver enzymes; Currently on Doxy for possible Leptospirosis
Abnormal PE/Chem/CBC/UA Results: See attached; LDDS WNL

SPECIES

Canine

USG 1.010, 2+ protein, neg glucose, UPC 4.7

Unremarkable CBC 4DX neg

ULTRASONOGRAPHIC EXAMINATION OF THE HEART & ABDOMEN

BREED

JRT X

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WEIGHT

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CANINE	MR	TR	LA/AO	LA/AO	FS	EF	EPSS
CARDIAC PARAMETERS	VMAX (m/s)	VMAX (m/s)	(Boon method)	(Heart Base; Swe)	(%)	(%)	(cm)
NORMAL PARAMETER	4.5-5.5	<2.7	1.3	<1.6	28-40	40-100	<0.6
PATIENT			NM	1.31	26.3	55.7	0.25
CANINE	HR	AV	PV	BODY WEIGHT	LA	LVIDd	LVIDs
CARDIAC PARAMETERS	(BPM)	VMAX (m/s)	MAX (m/s)	(kg)	2D short axis Base view (cm)	Avg; 2D and m-mode short axis (cm)	Avg; 2D and m-mode short axis (cm)
NORMAL PARAMETER	50-100	0.7-1.7	0.7-1.6	BELOW	BELOW	BELOW	BELOW
PATIENT	NM	NM	NM		3.2	3.12	

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Tasha

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Cardiac Presentation

The echocardiogram in this patient demonstrated normal **left atrial** size based on 3 separate methods of LA evaluation. The cranial and caudal **mitral** valve leaflets presented normal linear structure, extension in systole, and union in diastole with normal kinesis. The **left ventricle** presented thicknesses with linear contour and was not dilated nor restricted. The **myocardium** presented normal echogenicity without subjective evidence of significant fibrotic or ischemic disease. **Contractility** of the ventricular walls was adequate and in normal range for this patient evidenced by the fractional shortening measurement and subjective evaluation of the different regions of the myocardium. The **left ventricular outflow** tract demonstrated normal laminar flow and subjective structural integrity. The **right atrium** and auricle revealed normal size, structure and content. No evidence of masses was noted. **Tricuspid** valvular assessment demonstrated adequate linear morphology and kinesis. The **right ventricle** was of normal size (1/3 diameter of LV), chordae structure, myocardial echogenicity and thickness. **Pulmonary outflow** tract assessment revealed normal valve structure, laminar flow, and diameter (approx. 1:1 pa/ao ratio). No visible **pericardial** or free pleura fluid was noted. The cranial **mediastinum and pericardial and extra-cardiac regions** were free of masses in the visible window.



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ABDOMEN

Urinary System

The urinary bladder, trigone, cystourethral junction, and visible pelvic urethra to a depth of 3.0 cm exhibited normal thickness and tone. Anechoic urine was present in the lumen with no uroliths or sediment. The ureteral papillae were normal. The ureters were not visible which is normal. No evidence of inflammatory or neoplastic changes were noted.

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The residual prostate was symmetrically normal in size with uniform parenchyma and slight coarse echotexture measuring 1.6 cm in diameter.

No evidence of pathology in the area of the aortic trifurcation.

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Normal size and margination was present in the kidneys. Mild loss of corticomedullary border demarcation with subjective subtle cortical hypertrophy. Normal overall corticomedullary parenchyma echogenicity. No evidence of pyelectasia or overt pyelonephritis. definition were maintained. The left kidney measured 5.6 cm in length. The right kidney measured 5.6 cm in length.

AGE

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Adrenal Glands

The left adrenal gland was uniform in size and contour with a uniformly hypoechoic parenchyma. The left adrenal gland measured 0.51 cm width at the caudal pole and 0.45 cm width at the cranial pole. The right adrenal gland was uniform in size and contour with a uniformly hypoechoic parenchyma. The right adrenal gland measured 0.48 cm width at the caudal pole and 0.87 cm width at the cranial pole.

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Spleen

The spleen exhibited a finely textured and homogenous parenchyma which was hyperechoic to the liver and renal cortical parenchyma. The capsule was smooth and regular without apparent expansion. The splenic vasculature at the hilus was normal in volume with no evidence of congestion or thrombosis. Acute to chronic inflammatory, neoplastic, or benign parenchyma changes were not noted.

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Liver / Gallbladder

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The liver was normal in size and contour. Normal subjective hepatic parenchyma echogenicity overall with moderate coarse echotexture, evidence of parenchymal remodeling, and subtle isoechoic to mildly hypoechoic nodular parenchymal changes. An example of a subtle liver nodule measured 0.79 cm width. A solitary thinly walled cystic lesion noted in the mid to right liver adjacent to the gallbladder. The cystic lesion contained subjective anechoic fluid. The hepatic and portal vasculature were normal in appearance without signs of congestion.

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The gallbladder was non distended in size with mild echogenic, nonmineralized gallbladder debris. The cystic duct and common bile ducts were normal without evidence of dilation.

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Gastrointestinal

The stomach presented intact wall layering with a normal wall layer ratio. The lumen of the stomach was empty with no signs of ileus, obstruction or foreign material. The gastric body wall width measured - cm.

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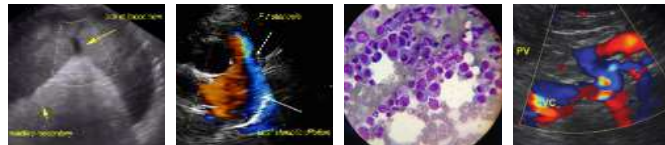
The small intestine presented intact wall layering with 1:3 muscularis/mucosa ratio. The lumen of the small intestine was empty with no signs of ileus, obstruction or foreign material. The duodenum wall width measured - cm and the jejunum wall width measured - cm. The ileocolic wall width measured - cm.

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Normal visible colon wall layers were present with apparent formed feces in lumen.

Pancreas



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The parenchyma of the left limb, body and right limb of the pancreas presented isoechoic to the adjacent omental fat. A normal curvilinear capsule contour of the pancreas was present. The visible pancreatic duct was normal. No signs of active inflammation or neoplastic disease was evident.

SPECIES

Canine

Free Abdomen

No overt lymphadenopathy or peritoneal effusion was present.

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- Nonuniform to subtly nodular hepatic parenchyma with focal parenchymal cyst.
- Mild gallbladder debris (nonmucocele).
- Mild chronic renal changes - probable glomerulopathy.
- Overtly normal cardiac structure and function for age and in light of mild sedation.

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INTERPRETATION OF THE FINDINGS & FURTHER RECOMMENDATIONS

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The overall appearance of the liver, although nonspecific, is suggestive of chronic hepatopathy with evidence of hepatic parenchymal remodeling and probable benign nodular changes such as subtle nodular to regenerative hyperplasia, small lipogranulomas, or hematopoiesis. Chronic vacuolar hepatopathy, chronic active hepatitis, cholangiohepatitis, early fibrosis/cirrhosis, or other generalized hepatopathy possible. Neoplasia is considered a less likely differential diagnosis.

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Given the normal LDDST, and in light of elevated UPC, proteinuria is suspected to be the primary driver of PU/PD and isosthenuria. Glomerular nephritis, other glomerulopathy, amyloidosis possible.

Further workup including extensive infectious disease serology and/or renal biopsy may be indicated for a definitive diagnosis.

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Assuming persistent proteinuria in light of quiet urinary bladder sediment, empirical therapy for PLN warranted.

No indication for cardiac medications.

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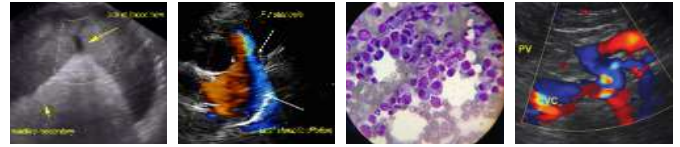
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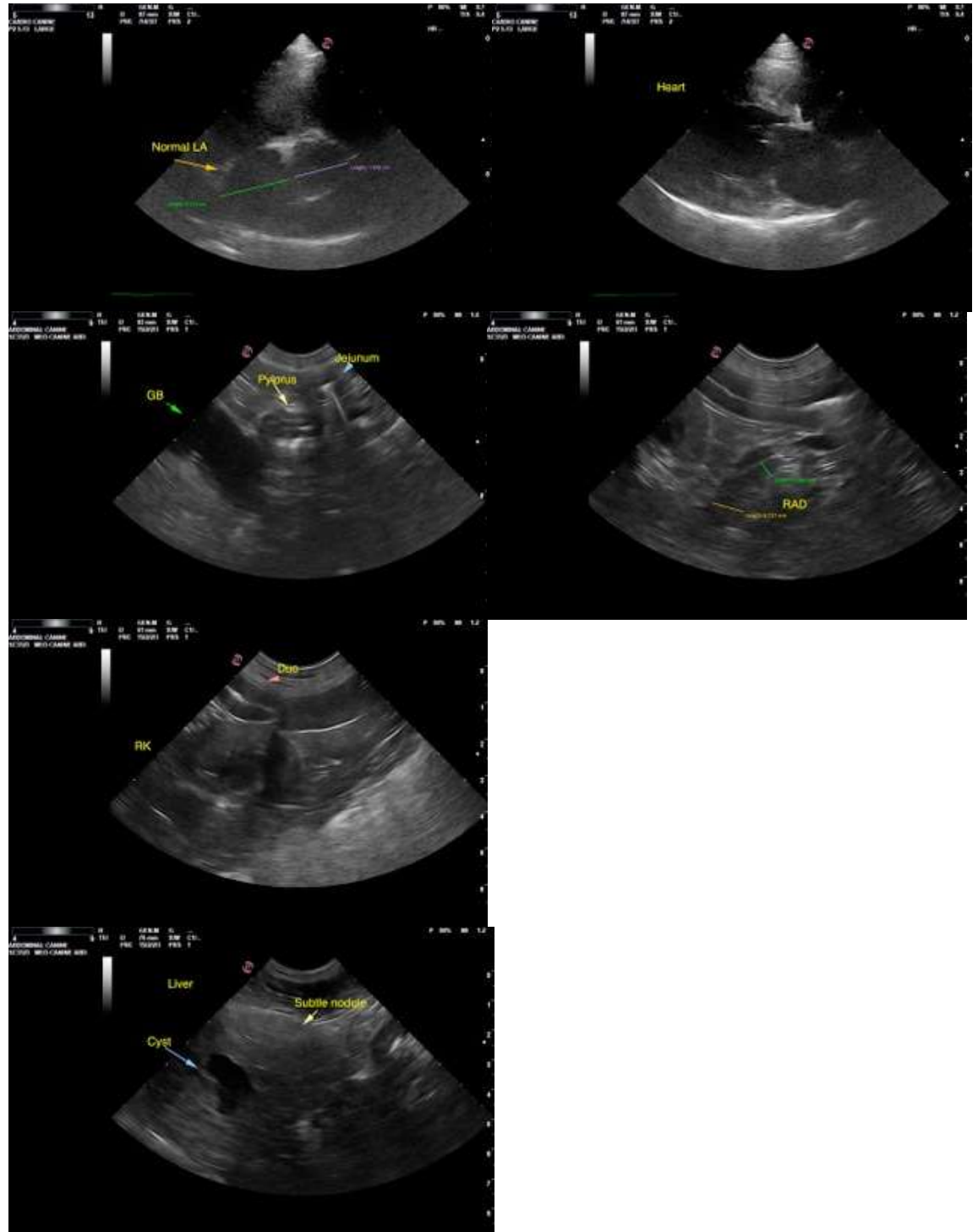
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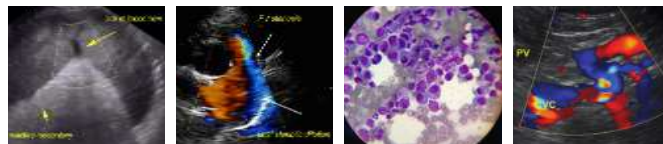
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The information and recommendations provided are based on the images presented by the referring veterinarian. No evaluation can be communicated regarding pathology that was not visible in the image/video clips provided.

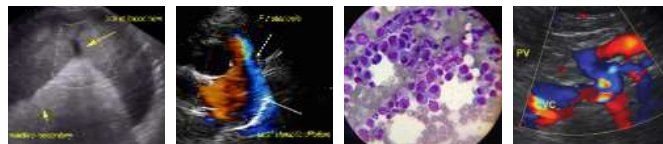
Thank you for this referral. If the clinical or image interpretation does not parallel your findings or if I can be of any further assistance please contact me.

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info@SonoPath.com

Protein-Losing Nephropathy (PLN)

<http://www.sonopath.com/PLN>

Description: Protein-losing nephropathy (PLN) is a common form of renal disease that typically affects dogs in middle age; it occurs less commonly in cats. Glomerular causes of renal protein loss encompass two broad categories: glomerulonephritis (GN) and amyloidosis. (The causes of GN in human medicine are more specifically differentiated based on a combination of



PATIENT	histopathology, immunofluorescence, and electron microscopy findings.) Membranoproliferative glomerulonephritis is the most common cause of GN in dogs and is associated with infectious disease with secondary immune complex deposition as well as Lyme disease. Membranous nephropathy is the second most common cause of GN in dogs and the most common cause in cats. It occurs due to primary immune complex deposition on the urinary side of the basement membrane of the glomerulus, resulting in the leakage of albumin. Amyloidosis is caused by the deposition of amyloid A proteins in a β -pleated sheet configuration in the glomeruli. It is a familial disease in the Shar Pei, but occurs as a reactive disease in other canine breeds. It is also inheritable in the Abyssinian cat, but the amyloidosis occurs in the medulla and is therefore not a protein-losing condition in this breed.
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Glomerular lesions can be associated with:

- Infectious diseases:
 - Protozoan: *Babesia*, *Hepatozoon*, and *Leishmania*.
 - Bacterial: *Borrelia*, *Bartonella*, *Brucella*, *Ehrlichia*, *Mycoplasma*, pyometra, pyoderma, endocarditis, and pyelonephritis.
 - Viral: FeLV, FIV, and FIP.
 - Fungal
 - Helminthic: *Dirofilaria*.
- Non-infectious inflammatory diseases: pancreatitis, chronic dermatitis, inflammatory bowel disease, periodontal disease, polyarthritis, and systemic lupus erythematosus (SLE).
- Neoplasia: lymphoma, leukemia, and mast cell disease.
- Familial conditions in the soft-coated Wheaten Terrier, Shar Pei, Beagle, Cocker Spaniel, and Bernese mountain dog.
- Idiopathic conditions.

Post-glomerular causes, such as hemorrhage and inflammation, also contribute to urine protein quantification.

Proteinuria Classifications: Patients can be divided into three tiers, depending on their clinical characteristics:

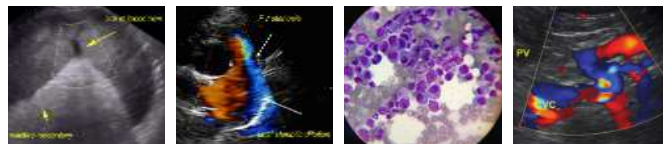
Tier 1A: persistent subclinical proteinuria

Tier 1B: persistent proteinuria with hypertension

Tier 2A: proteinuria and hypoalbuminemia

Tier 2B: proteinuria, hypoalbuminemia, and hypertension

Tier 3A: proteinuria and azotemia



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Tier 3B: proteinuria, azotemia, and hypertension

Tier 3C: proteinuria, azotemia, hypertension, and hypoalbuminemia

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Diagnosics: Traditionally, urine protein loss has been detected either through a qualitative test, such as a urine dipstick, or with a semi-quantitative test, such as a urine protein-creatinine (UPC) ratio. When the latter is greater than 0.5, it is considered abnormal. False positive results can occur due to contamination of urine with red blood cells, white blood cells, and bacterial protein. Thus, one must use a urine sample with inactive sediment and a negative culture for measurement purposes. A 24-hour urine protein quantification is more accurate but technically more difficult to obtain, as it requires hospitalization and 24-hour urinary catheterization with a closed collection system. Pooling urine samples can be considered in cases where urine protein loss is stable. One must obtain three different urine samples, combine 1 ml from each sample to submit for a UPC test, and ensure that inactive sediments are present in all the samples. There should be a high degree of correlation between the UPC on the pooled sample and the mean of the three samples measured independently. Research has not yet demonstrated the accuracy of pooled samples for urine samples with high protein loss (i.e., in cases where the UPC is > 8).

Further diagnostic tests will depend on the tier classification. Once proteinuria is documented repeatedly, additional tests can be considered to assess for potential underlying causes, and, further to that, possible sources of antigen stimulation. Depending on presentation, tests may include:

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- CBC and biochemical profile
- Urine culture and sensitivity
- 4DX
- Blood pressure measurement
- Thoracic and abdominal radiographs
- Spinal radiographs to assess for discospondylitis
- Abdominal ultrasound to assess for evidence of underlying infection or neoplasia
- Echocardiogram to assess for vegetative endocarditis and possible effects of hypertension
- Screen for Cushing's disease, especially if hypertensive (LDDST or ACTH stimulation)
- ANA
- Expanded tick or infectious disease screen
- Renal biopsy to differentiate among specific causes of PLN

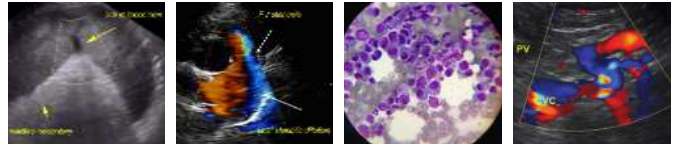
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Renal biopsy should be considered if proteinuria is severe (UPC > 3.5) and hypoalbuminemia and/or hypertension have been documented. Renal biopsy is an invasive procedure and should be considered only to determine if there is an underlying disease process that would benefit from specific therapy. If the patient is debilitated, severely azotemic, or has uncontrolled hypertension or coagulation abnormalities, then the risk of the procedure and anesthesia may be too great and should not be pursued.



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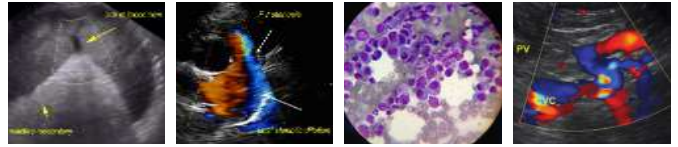
Tissue samples should be submitted for a combination of light microscopy (in formalin; use with special stains), immunofluorescence (in Michel's solution or frozen), and electron microscopy (in formalin with glutaraldehyde). It is imperative to request special media before obtaining the biopsy. Samples can be obtained via ultrasound guidance, laparotomy, or laparoscopy, but cortical samples must be divided so that they can be placed in the three different media. One must ensure that the pre-surgical clotting profile and platelet count are both normal. Patients should undergo pre-biopsy and post-biopsy diuresis.

Treatment: The main goals of therapy are to i) reduce proteinuria (i.e., UPC < 1.0); ii) prevent a thrombotic event; iii) manage hypertension; and iv) replace fluid deficits. Fluid therapy should be approached cautiously, especially in patients with nephrotic syndrome. Standard therapy for PLN includes a low-protein diet, which in itself will reduce proteinuria, and the administration of an angiotensin-converting enzyme (ACE) inhibitor, such as enalapril (0.5 mg/kg PO BID) or benazepril (0.5 mg/kg PO Q24hr). Newer proposed therapeutic protocols include increasing the ACE inhibitor dose slowly while monitoring BUN and creatinine carefully. The dose can be raised to 1 mg/kg PO BID if needed, provided creatinine has not increased more than 30% from the baseline level.

Another class of drugs currently being used is angiotensin receptor blockers, such as Losartan (the dose in azotemic dogs is 0.125-0.25 mg/kg/day PO Q12-24hr and 0.5-1.0 mg/kg/day in non-azotemic patients). This can be combined with an ACE inhibitor, but it is important to monitor BUN, creatinine, and potassium levels. Spironolactone has been used in people in combination with the other two classes of drugs to further modify the renin-angiotensin-aldosterone system (RAAS) (1-2 mg/kg PO BID); however, the effect of using all three drug classes in dogs has not yet been fully investigated. All of these medications are potassium sparing; thus, monitoring for hyperkalemia is important.

Hypertension is managed with amlodipine (0.1-0.2 mg/kg PO Q12-24hr) when an ACE inhibitor is insufficient to control blood pressure. Supplementing with an anti-thrombotic agent, such as aspirin (1 mg/kg PO Q24hr), may be considered in advanced cases, especially once the patient is hypoalbuminemic. Omega-3 fatty acids can be given (0.25-0.5 g/day), but are typically increased in standard kidney diets.

The most recent controversy in the management of glomerular diseases is the use of immunosuppressive medications. Because it is possible to arrive at a more definitive diagnosis in human patients, the use of immunosuppressive agents can be useful in the management of the disease, specifically when the disease is immune-mediated in its pathogenesis, such as SLE, membranous nephropathy, and minimal change disease glomerulonephritis. The procurement of a renal biopsy is being advocated in dogs so that practitioners can identify the population of



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patients that may benefit most from immunosuppressive therapy. Presently, there is no evidence-based medicine to suggest that immunosuppressive therapy should definitely be incorporated into a daily protocol for canine patients; however, it could be beneficial in some cases and may even result in remission. Further investigation is warranted. Trials are currently being conducted in patients with Lyme nephritis that are treated with immunosuppressive agents in addition to standard antibiotic therapy. The IRIS Treatment of Canine Glomerular Disease Study Group has suggested the trial use of immunosuppressive therapy in severe, persistent, or progressive PLN, even without a biopsy diagnosis in specific cases that are unresponsive to standard therapy (i.e., nephrotic syndrome, progressively azotemic, hypoalbuminemic patients). One can also consider administering the following drugs: pulse steroid therapy, mycophenolate, cyclophosphamide, azathioprine, and chlorambucil. One should monitor blood work, UPC ratio, and blood pressure weekly for 2 weeks, then biweekly for 6 weeks, then monthly. If there is further deterioration, immunosuppressive therapy should be discontinued.

References:

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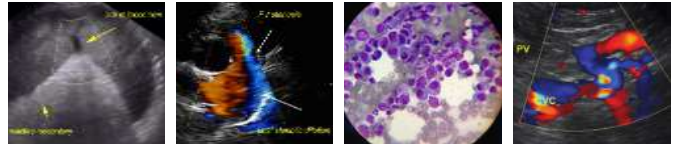
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Vaden SL. Glomerular Disease. *Top Companion Anim Med* 2011;26(3):128-34.

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Vaden SL. Glomerular Diseases. In: Ettinger SJ and Feldman EC, eds. *Textbook of Veterinary Internal Medicine, 7th Ed.* St Louis, MI: Saunders Elsevier; 2010;2021-36.

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Canine

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BREED

JRT X

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