

**DATE PRESENTING CLINICAL SIGNS**

6/1/22

History of panting heavy and what palpates as a distended abdomen/slightly uncomfortable. Pet cannot see or hear well. She has more difficulty going up and down stairs/jumping up on things. Also history of ravenous appetite in the last 1-2 years will jump on counter to get food if left out. Recent bloodwork in February showed largely elevated ALKP- low dose dexamethasone test was negative for Cushing's disease. Chest and abdominal radiographs unremarkable.

PATIENT

Finley Jantz-Stephis

SPECIES

Canine

Current Medications: Dasuquin joint supplement daily, gabapentin 300 mg 1-2 caps q 12-24 hrs, rimadyl 50 mg BID as needed, tramadol 100 mg 2 tabs every 12-24hrs as needed, apoquel 16 mg SID for allergies, simparica chew monthly, proheart 12

Date of Previous IntraPet Ultrasound: No previous.

BREED

Sedation: Not required to complete full diagnostic ultrasound.

Stat Report: Not requested.

Labrador Retriever

ULTRASONOGRAPHIC EXAMINATION OF THE ABDOMEN**SEX**

Spayed Female

Urinary System

The urinary bladder is moderately distended with anechoic urine. The Bladder wall, trigone, ureteral papillae and visible urethra (to a depth of 2cm) appear normal with no evidence of wall thickening, mucosal irregularities, masses or cystic calculi.

AGE

3/11/08

The left kidney has a normal shape and size (6.5 cm) with pinpoint non-obstructive nephroliths. Overall echogenicity is slightly hyperechoic with poor corticomedullary distinction and a typical 1:3 cortex:medulla ratio. There is no evidence of perinephric inflammation or effusion. There is no evidence of pyelectasia, infarcts or hydronephrosis. Renal vasculature is normal.

WEIGHT

65 Pounds

The right kidney has a normal shape and size (6.6 cm) with pinpoint non-obstructive nephroliths. Overall echogenicity is slightly hyperechoic with poor corticomedullary distinction and a typical 1:3 cortex:medulla ratio. There is no evidence of perinephric inflammation or effusion. There is no evidence of pyelectasia, infarcts or hydronephrosis. Renal vasculature is normal.

INTERPRETED BY

Kathleen Sennello DVM,
MS, Diplomate ACVIM
(Small Animal Internal
Medicine)

Adrenal Glands

The left adrenal gland is normal in size measuring 0.76 cm at the caudal pole. It is observed in its normal position cranial to the left renal artery. It is normal in appearance (uniformly hypoechoic) and shape with no evidence of a mass effect.

IMAGING PERFORMED BY

Andi Parkinson RDMS

The right adrenal gland is large in size measuring 2.69 cm at the cranial pole, 0.77 cm at the caudal pole, and 1.42 cm in length. It is observed in its normal position between the cranial aspect of the right kidney and the caudal vena cava. It is abnormal in appearance in that the cranial pole is enlarged and hyperechoic, creating the effect of a hyperechoic nodule on the cranial pole, measuring approximately 1.05 cm x 1.77 cm. There is no evidence of obvious vascular invasion.

HOSPITAL NAME

Main Street VH

REFERRING VET

Dr. Jantz-Stephis

Spleen

The spleen is subjectively normal in size, echotexture is homogenous, and the splenic capsule is smooth with no irregularities. The blood flow through the hilus and splenic parenchyma appears normal. No focal parenchymal abnormalities are visualized.

INVOICE

38148

Liver

The liver is large in size, and normal in echogenicity with smooth peripheral margins. The parenchyma is heterogenous in echotexture with subtle, indistinct focal mottling. The visible portions of the vasculature and biliary tract appear normal. No focal nodules or cystic lesions are observed.

The gall bladder lumen is moderately distended. The wall of the gall bladder is not thickened and has a smooth mucosal surface. There is a mild amount of non-organized echogenic debris. The cystic and common bile ducts are normal/not visible.

Gastrointestinal

The stomach is dilated with a large amount of fluid and irregular shadowing material most consistent with normal ingesta and gas. It measures at a normal thickness of <0.7cm with some variability due to the presence of rugal folds. The distinction of the gastric wall layering is adequate and there is no impression of reduced peristaltic activity. No masses or focal lesions were observed.

The visualized areas of duodenum, jejunum and ileum have a relatively uniform diameter with minimal fluid distension. Wall thickness is normal. Bowel loops follow a curvilinear path with distinct wall layering maintaining the typical 1:3 muscularis:mucosa layer ratio. Duodenum wall measured 0.50 cm. Jejunum wall measured 0.36 cm. Visualized peristalsis appears appropriate. There were no focal lesions consistent with obstruction or a mass effect observed.

The ileocecal junction was visualized and exhibited normal intact wall layering and is subjectively of normal thickness. Sections of colon are visualized with formed fecal material and gas shadowing distally. There is no observed focal or generalized colon wall thickening or loss of layering.

Pancreas

The pancreas is normal and isoechoic to surrounding mesentery. There is no evidence of nodules or cystic lesions. There is no evidence of regional mesenteric inflammation or fluid.

Free Abdomen

Evaluation of the peritoneal cavity did not reveal any evidence of effusion, or subjective lymphadenomegaly. The Medial iliac nodes appear normal and there was no evidence of a caudal aortic thrombus at the bifurcation. The omentum is of normal uniform echogenicity.

Other

A brief view of the heart was submitted. No significant pericardial effusion was seen.

PRIMARY FINDINGS

- Large, heterogeneous liver – The diffuse hepatic changes are non-specific and could be consistent with vacuolar hepatopathy, nodular hyperplasia, inflammatory/immune-mediated disease, fibrosis, extramedullary hematopoiesis, toxic hepatopathy (e.g., copper), infiltrative neoplasia (less likely) or other hepatopathy.
- Hyperechoic nodule on the cranial pole of the right adrenal gland – This could represent a benign lesion such as hyperplasia, a non-active or active adenoma, or a pheochromocytoma, carcinoma, etc.

SECONDARY FINDINGS

- Decreased corticomedullary distinction in both kidneys with pinpoint non-obstructive nephroliths – Mild loss of corticomedullary distinction in both kidneys could be consistent with chronic degenerative disease or interstitial nephrosis.
- Mild gallbladder debris – The significance of the aggregated gallbladder sludge is unclear. This could represent an early mucocele, cholestasis, or may be secondary to fasting.

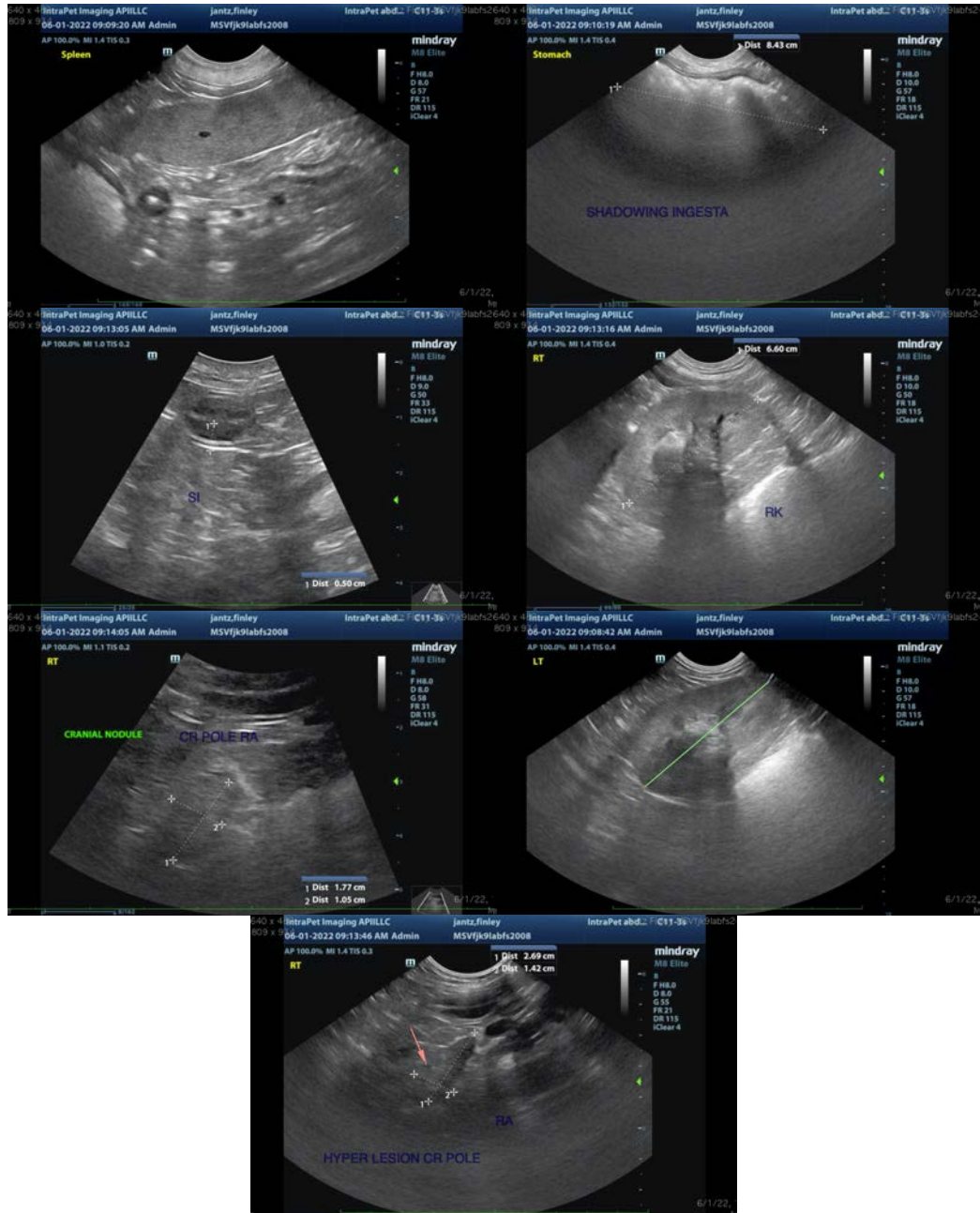
INTERPRETATION OF THE FINDINGS & FURTHER RECOMMENDATIONS

A hyperechoic lesion is visualized on the cranial pole of the right adrenal gland. Based on the history provided, there is clinical evidence of Cushing's syndrome. This combined with the adrenal lesion causes concern for a real lesion. This lesion could be benign or cancerous in nature. The history states that the low dose Dexamethasone test was negative. Adrenal function testing is notoriously unpredictable with adrenal lesions. I typically recommend an adrenal panel with ACTH stim to the University of Tennessee, as this tests for many of the hormone variants that adrenal tumors can produce. Additionally, consider the possibility of a pheochromocytoma causing the symptoms described. These are my recommendations for a patient with an adrenal mass lesion:

- If signs of Cushing's are present, consider adrenal function testing. I prefer an ACTH stimulation test combined with an adrenal panel to the University of Tennessee's endocrine lab to look for atypical adrenal hormones as well as cortisol. (other testing can suffice)
- If adrenal dependent Cushing's is suspected and supported by adrenal function testing consider medical therapy with lysodren or trilostane and/or consider surgical removal (recommend referral to a board certified veterinary surgeon and possible pre op CT)-This can be a challenging surgery with significant risk for complication
- Recommend blood pressure evaluation-if hypertensive consider testing catecholamine levels for a possible pheochromocytoma
- Due to the invasive nature of these masses a CT scan is recommended to evaluate for metastasis and vascular invasion.
- If no symptoms of Cushing's are present, consider either referral for surgery or if surgery is not an option consultation with a veterinary oncologist regarding chemotherapeutic options and continued monitoring with ultrasound (in 4-6 weeks) can be considered.
- Some aggressive adrenal tumors can grow quickly and there is risk for acute hemorrhage from vascular invasion.

The changes observed in the liver are most likely associated with a vacuolar/steroid hepatopathy, and the changes observed in the kidneys are consistent with chronic age related progressive disease. Recommend monitoring blood pressure, urine protein levels, and urinalysis and culture.





The information and recommendations provided are based on the images presented by the referring veterinarian/sonographer. No evaluation can be communicated regarding pathology that was not visible in the image/video clips provided.

Thank you for this referral. If the clinical or image interpretation does not parallel your findings or if I can be of any further assistance please contact me.

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