

**DATE PRESENTING CLINICAL SIGNS**

3/9/22 Patient presented on 3/9/22 for cyst removal on face. Pre-operative labs revealed increased liver values.

PATIENT

Shelby Kelly

Current Medications: Apoquel 16mg ¼ SID PRN for allergies, Pimobendan 2.5mg BIG, Vetmedin 5mg ½ BID.
Lab Results: ALT 219 (0-120), ALP >993 (0-140).

Date of Previous IntraPet Ultrasound: No previous.

Sedation: Not required to complete full diagnostic ultrasound.

Stat Report: Not requested.

SPECIES

Canine

ULTRASONOGRAPHIC EXAMINATION OF THE ABDOMEN**BREED**

Papillon X

Urinary System

The urinary bladder is moderately distended with anechoic urine. The Bladder wall, trigone, ureteral papillae and visible urethra (to a depth of 2cm) appear normal with no evidence of wall thickening, mucosal irregularities, masses or cystic calculi.

SEX

Spayed Female

The left kidney has a normal shape and size (4.96 cm). Overall echogenicity is normal with adequate corticomedullary distinction and a typical 1:3 cortex:medulla ratio. There is no evidence of perinephric inflammation or effusion. There is no evidence of pyelectasia, nephroliths, infarcts or hydroureter. Renal vasculature is normal.

AGE

1/5/09

The right kidney has a normal shape and size (4.88 cm). Overall echogenicity is normal with adequate corticomedullary distinction and a typical 1:3 cortex:medulla ratio. There is no evidence of perinephric inflammation or effusion. There is no evidence of pyelectasia, nephroliths, infarcts or hydroureter. Renal vasculature is normal.

WEIGHT

28.4 Pounds

INTERPRETED BY

Kathleen Sennello DVM,
MS, Diplomate ACVIM
(Small Animal Internal
Medicine)

Adrenal Glands

The left adrenal gland is normal in size measuring 0.66 cm at the caudal pole. It is observed in its normal position cranial to the left renal artery. It is normal in appearance (uniformly hypoechoic) and shape with no evidence of a mass effect.

The right adrenal gland is normal/borderline large in size measuring 0.91 cm at the caudal pole. It is observed in its normal position between the cranial aspect of the right kidney and the caudal vena cava. It is normal in appearance (uniformly hypoechoic) and shape with no evidence of a mass effect.

IMAGING PERFORMED BY

Andi Parkinson RDMS

Spleen

The spleen is subjectively normal in size, echotexture is homogenous, and the splenic capsule is smooth with no irregularities. The blood flow through the hilus and splenic parenchyma appears normal. No focal parenchymal abnormalities are visualized.

HOSPITAL NAME

Northwind AH

Liver

The liver is large in size, and normal in echogenicity with smooth peripheral margins. The parenchyma is heterogenous in echotexture with subtle, indistinct focal mottling. The visible portions of the vasculature and biliary tract appear normal. There are occasional ill-defined hyperechoic nodule, one visualized measuring 0.94 cm.

REFERRING VET

Dr. Wilson

INVOICE

36026

The gall bladder lumen is moderately distended. The wall of the gall bladder is not thickened and has a smooth mucosal surface. There is a mild amount of non-organized echogenic debris. The cystic and common bile ducts are normal/not visible.

Gastrointestinal

The stomach contains minimal luminal contents. It measures at a normal thickness of <0.7cm with some variability due to the presence of rugal folds. The distinction of the gastric wall layers is adequate and there is no impression of reduced peristaltic activity. No masses or focal lesions were observed.

The visualized areas of duodenum, jejunum and ileum have a relatively uniform diameter with minimal fluid distension. Wall thickness is normal. Bowel loops follow a curvilinear path with distinct wall layering maintaining the typical 1:3 muscularis:mucosa layer ratio. The duodenum measured as normal (between 0.3-0.5cm in wall thickness) and the jejunum measured as normal (between 0.2-0.47cm.) Visualized peristalsis appears appropriate. There were no focal lesions consistent with obstruction or a mass effect observed.

The ileocecal junction was visualized and exhibited normal intact wall layering and is subjectively of normal thickness. Sections of colon are visualized with formed fecal material and gas shadowing distally. There is no observed focal or generalized colon wall thickening or loss of layering.

Pancreas

The pancreas is normal and isoechoic to surrounding mesentery. There is no evidence of nodules or cystic lesions. There is no evidence of regional mesenteric inflammation or fluid.

Free Abdomen

Evaluation of the peritoneal cavity did not reveal any evidence of effusion, or subjective lymphadenomegaly. The Medial iliac nodes appear normal and there was no evidence of a caudal aortic thrombus at the bifurcation. The omentum is of normal uniform echogenicity.

ULTRASONOGRAPHIC FINDINGS

- Large, heterogeneous liver with an ill-defined hyperechoic nodule – The diffuse hepatic changes are non-specific and could be consistent with vacuolar hepatopathy, nodular hyperplasia, inflammatory/immune-mediated disease, fibrosis, extramedullary hematopoiesis, toxic hepatopathy (e.g., copper), infiltrative neoplasia (less likely) or other hepatopathy.
- Mild gallbladder debris – The significance of the aggregated gallbladder sludge is unclear. This could represent an early mucocele, cholestasis, or may be secondary to fasting.
- Borderline large right adrenal gland – This adrenal gland is just slightly larger than the left adrenal, but has a somewhat plump appearance. This could represent anatomic variation, an early right-sided mass lesion, or mild asymmetrical bilateral hyperplasia.

INTERPRETATION OF THE FINDINGS & FURTHER RECOMMENDATIONS

The liver is large and heterogeneous with an ill-defined hyperechoic nodule. This nodule has a somewhat benign appearance, but unfortunately an underlying neoplastic process cannot be completely excluded. The gallbladder changes are minimal, and the findings present are most consistent with a primary hepatopathy. These are my recommendations for a significant ALP elevation:

An elevation in ALP is a common finding. In general, however, causes of ALP elevation fall into three primary categories:

Induction phenomena, biliary diseases, and primary liver disorders.

- Induction phenomena are the most common cause for an elevation in ALP. These are systemic illnesses that 'turn on' the liver enzyme. Causes of this include Cushing's disease, dental disease, arthritis, and numerous others. In many cases the exact cause is unclear but as long as ultrasound and bile acids tests are normal most patients do not have progressive changes in their liver. While liver biopsy is not

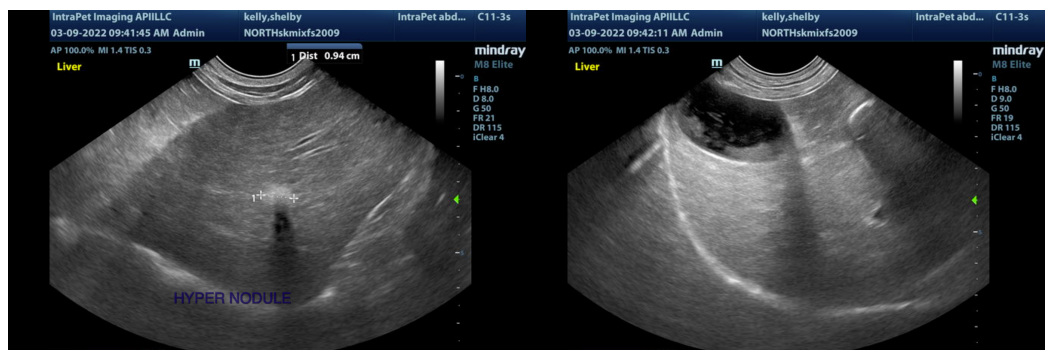
routinely performed, vacuolar hepatopathy, is noted on most biopsies. This is often non-progressive but in rare cases can be more severe and lead to liver failure.

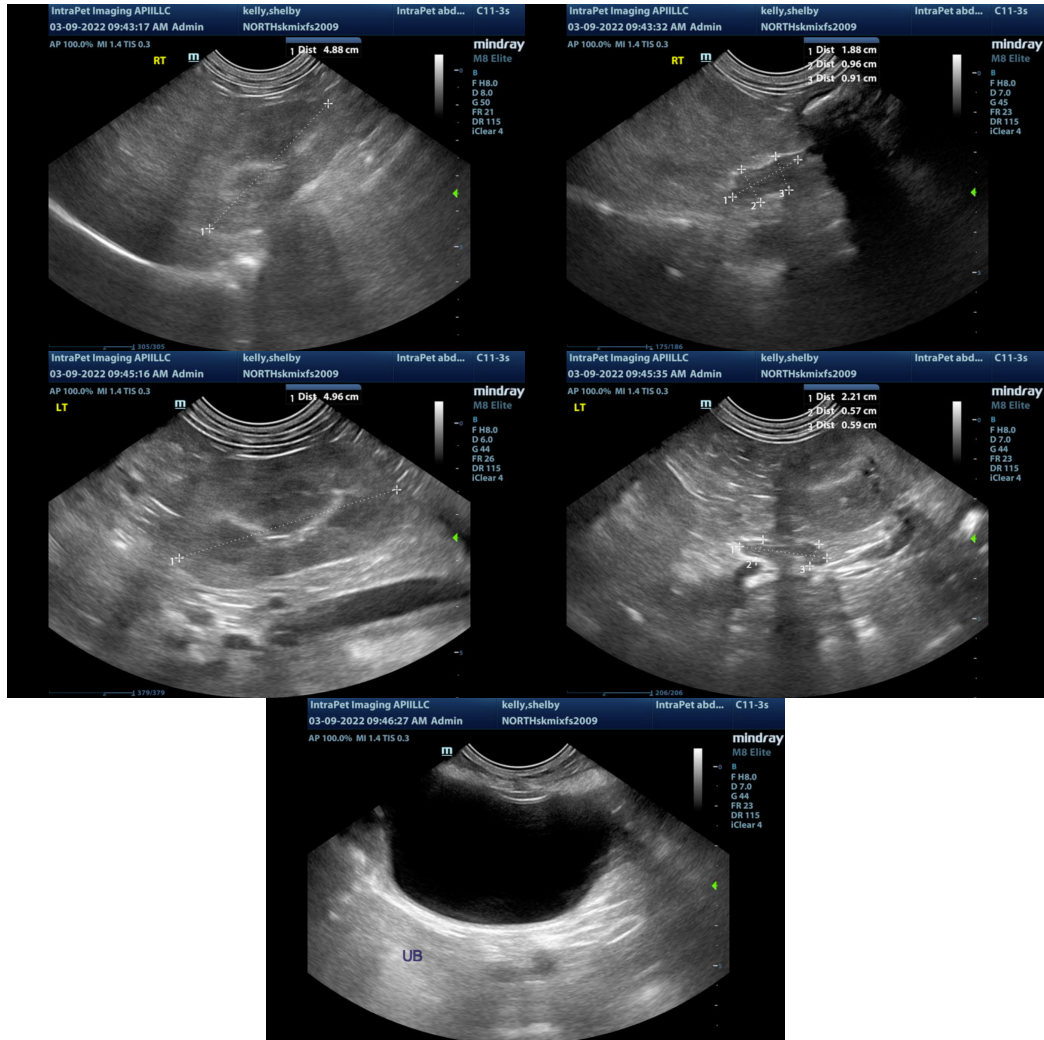
- If signs of Cushing's disease are present recommend endocrine function testing to evaluate for Cushing's disease.
- Consider fine needle aspirate to rule out round cell neoplasia if this is a concern.
- If a cause for the ALP elevation is not identified: I recommend recheck general blood work every 6 months, ultrasound once per year, and bile acids test every 1-2 years based on other results. If the ALP continues to climb a biopsy could be considered.
- Consider long term use of denamarin, and monitoring for the signs of Cushing's developing.
- A primary vacuolar hepatopathy can be breed related and is seen in Scottish Terriers, Schnauzers, Cocker spaniels etc..

Interpretation of the adrenal glands is somewhat difficult in that the right adrenal gland does appear somewhat large and prominent. The left adrenal gland appears very normal. At this time, I would interpret this as equivocal. These findings could be consistent with early bilateral hyperplasia (i.e., pituitary dependent Cushing's disease) with very mild asymmetry between the two adrenal glands. Alternately, this could be an early adrenal mass, so continued monitoring of this adrenal gland is warranted for any changes.

Lastly, if Cushing's is thought unlikely in this individual, this could represent normal anatomic variation. If Cushing's seems likely based on the symptoms and clinical picture in your patient, then I would consider testing as if this is pituitary dependent Cushing's, and continued monitoring of the left adrenal with ultrasound for any evidence of growth/change. Additionally, I would recommend blood pressure evaluation.

If this patient has Cushing's and proves to be very difficult to manage (resistant to treatment), or the left adrenal gland appears to be getting larger, then evaluation for an adrenal tumor may need to be performed. Overall, the left adrenal gland appears very normal, it is just slightly enlarged.





The information and recommendations provided are based on the images presented by the referring veterinarian/sonographer. No evaluation can be communicated regarding pathology that was not visible in the image/video clips provided.

Thank you for this referral. If the clinical or image interpretation does not parallel your findings or if I can be of any further assistance please contact me.

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