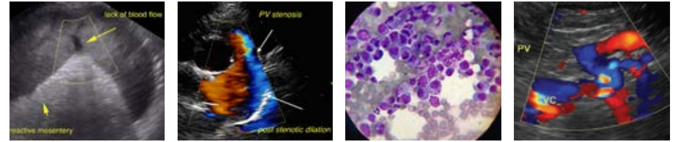
SonoPath
Clinical Sonography & Telecytology
EDUCATIONAL TELECONSULTATION SERVICES™



SonoPath.com™
1-800-838-4268 info@sonopath.com

PATIENT
Bella Adams

SPECIES
Feline

BREED
DSH

SEX
Spayed Female

AGE
12 Years

WEIGHT
3.3 kg

INTERPRETED BY
Eric Lindquist, DMV
DABVP, Cert. IVUSS

IMAGING PERFORMED BY
Erin Wicks

HOSPITAL NAME
Shores VEC

REFERRING VET
Dr. Slenbaker

INVOICE
40944

DATE
9/1/22

PRESENTING CLINICAL SIGNS

Presented at our hospital for suspected immobility and possible right hind limb paresis. O states that they came home this evening and P appeared 'stuck' in litterbox. O states that they lifted P up and P then just laid down and has not moved since ~5:30pm. O states that P did eat if hand fed this evening. No trauma that O is aware of. O states that P has otherwise been doing well at home, EDUD normally and at normal activity levels. O states that P did recently have fleas but has been treated. Previous Health Concerns: None Current Medications: None

Abnormal PE/Chem/CBC/UA Results: Temp: 104.4 Abdominal: Tender on abdominal palpation; thickened GIT; concern for renomegaly Radiographs – Severe bronchial to interstitial lung pattern, dorsal tracheal deviation CBC – WBC (53.68) Neu (49.37) Baso (0.36) MCH (18.8) CHEM – Creat (0.7) TP (8.3) Glob (5.5) gluc (328) ALT (315) GGT (14) Tbili (1) ProBNP – abnormal

ULTRASONOGRAPHIC EXAMINATION OF THE ABDOMEN

Urinary System

The **urinary bladder**, trigone, and pelvic urethra presented normal thicknesses and normal tone. The ureters were not visible which is normal. No uroliths or sediment were visualized and anechoic urine was present. No evidence of inflammatory or neoplastic changes were noted. Ureteral papillae were normal.

The **kidneys** were mildly swollen. Slight pyelectasia of the right kidney noted with echogenic debris. Slight cortical cyst noted in the right kidney. The right kidney measured 4.72 cm. The left kidney measured 4.23 cm.

Adrenal Glands

The regions of the **adrenal glands** were unremarkable.

Spleen

The **spleen** was mildly enlarged (1.1 cm) with scalloping contour, folded upon itself cranially.

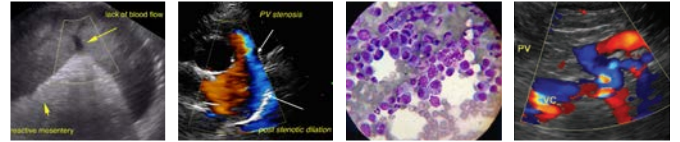
Liver

The **liver** images from right and left intercostal as well as subcostal views revealed subjectively normal liver size, contour, and structure. Some age-related parenchymal remodeling was noted but likely not clinically significant at this time. Vascular and biliary tracts were of normal volume and no evidence of congestion was noted. The gallbladder presented some dependent debris with essentially normal contour. The cystic and common bile ducts were normal. No overt evidence of active inflammatory, infiltrative or regenerative pathology was noted but should be paired with current or past LE elevations regarding any clinical significance to this presentation. The hepatic lymph nodes were unremarkable.

Gastrointestinal

The **gastrointestinal** presentation revealed mild uniform prominence of the gastric mucosa as well as areas of "ropey" small intestinal wall with 1:1 muscularis/mucosal ratio. The intestinal submucosa was slightly irregular, thickened and hyperechoic suggestive of low grade, chronic disease. No evidence of obstruction was present. Reactive mesentery noted. Chronic inflammatory bowel disease is likely with a low possibility of an early neoplastic event such as lymphoma. Full thickness tissue biopsies via open laparotomy, ideally guided by intraoperative ultrasound in order to obtain the most representative mural sample, would be necessary to rule out this possibility.

Mesenteric lymph nodes were enlarged and heterogeneous, measuring up to 2.0 cm.



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Pancreas

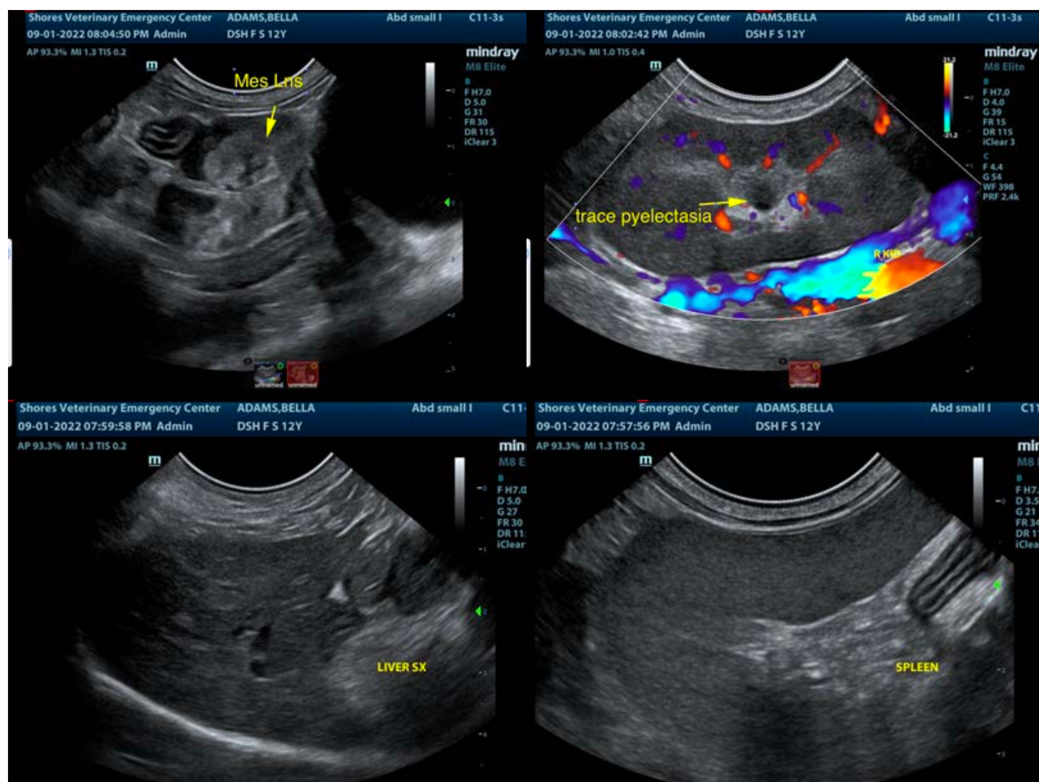
The base and limbs of the **pancreas** were observed to be largely isoechoic to surrounding omental fat. Some parenchymal remodeling, however, with mild deviation from curvilinear normalcy was observed. Pancreatic duct and capsular irregularities were present consistent with age related changes. If pain upon imaging (+ Murphy sign) was present or if the patient is focally painful in subxyphoid palpation then low-grade smoldering chronic pancreatitis should be suspected.

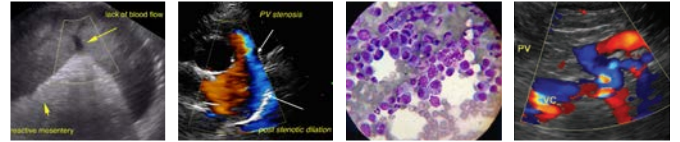
ULTRASONOGRAPHIC FINDINGS

- Diffuse intestinal thickening
- Enlarged, heterogeneous mesenteric lymph nodes

INTERPRETATION OF THE FINDINGS & FURTHER RECOMMENDATIONS

FNA of the mesenteric lymph nodes with cytology and culture recommended. Splenic FNA also indicated. I recommend a fresh fecal smear and fecal floatation analysis. IV fluid support, GI protectants, anti-parasitic protocol all indicated. No obvious evidence of neoplasia. However, emerging round cell neoplasia could not be completely ruled out. Given the bilirubin elevation, FNA of the liver also indicated, even though the liver appears largely unremarkable with expected changes for this patient. Salmonella toxicity or similar should be considered as a potential.





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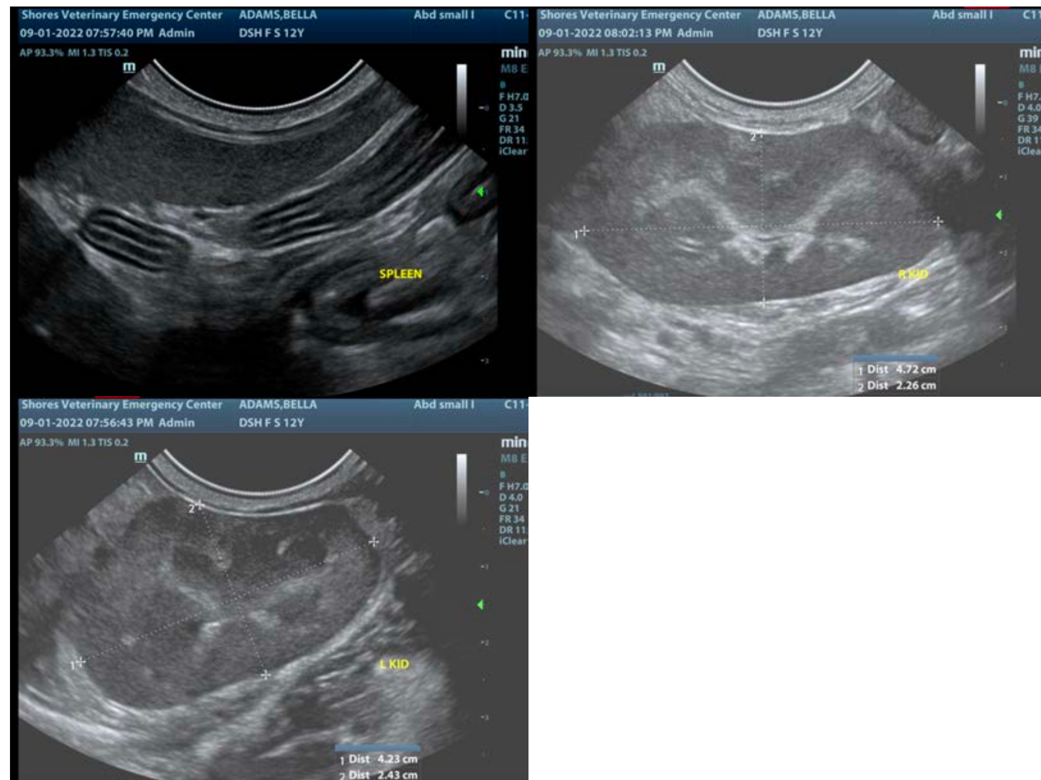


The information and recommendations provided are based on the images presented by the referring veterinarian/sonographer. No evaluation can be communicated regarding pathology that was not visible in the image/video clips provided.

Thank you for this referral. If the clinical or image interpretation does not parallel your findings or if I can be of any further assistance please contact me.

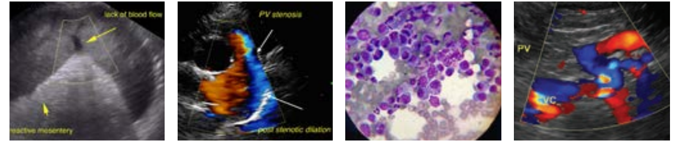
Eric Lindquist, DMV, DABVP, Cert. IVUSS, CEO of SonoPath.com

info@SonoPath.com

Fever of Unknown Origin

http://www.sonopath.com/FUO

Description: The definition of a fever of unknown origin (FUO) has not been clearly defined for animals. Currently, it is either understood to be a fever that does not resolve within the period one would expect for a "self-limiting infection" being treated with appropriate antimicrobial therapy, or that for which an underlying diagnosis has not been determined despite considerable diagnostic effort. The common causes of FUO were summarized concisely in a presentation at the American College of Veterinary Internal Medicine 2004 Forum. The presenters synthesized information from three veterinary papers on the subject, which suggested the following:



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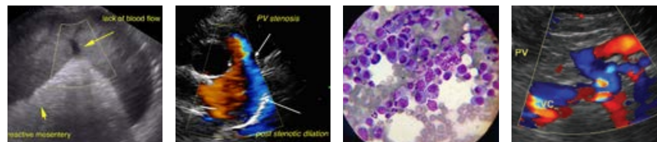
Final Diagnosis	Bennett (dogs & cats)	Dunn and Dunn (dogs only)	Lunn (dogs & one cat)	Total
Infection	21	16	10	47
Immune	18	22	6	46
Bone marrow disease	4	22	2	28
Neoplasia (outside marrow)	0	10	2	12
Miscellaneous	2	12	2	16
No diagnosis	0	19	2	21
TOTALS	45	101	24	170

The types of infection diagnosed in this case series were varied, ranging from discospondylitis (8 cases), blastomycosis (6), and bacterial endocarditis (4), to leishmaniasis (1), prostatitis (1), and *Ehrlichia canis* infection (1); a multitude of other infectious causes also fell within the spectrum. Of the cases in which immune-mediated disease was found, 44% had immune-mediated polyarthritis. Bone marrow diseases included myeloproliferative disease, myelodysplasia (8), lymphocytic leukemia (8), myeloma (3), chronic granulocytic leukemia (3), lymphoblastic leukemia, and malignant histiocytosis. The types of neoplasia located outside the bone marrow included lymphoma (6), metastatic disease (2), and neoplasms of the lung, spleen, and stomach. Finally, miscellaneous diseases included hypertrophic osteodystrophy (6), meningitis (3), portosystemic shunt (3), lymphadenitis (2), panosteitis, and intervertebral disc disease. Overall, the most common causes across all cases were polyarthritis (44), lymphoid neoplasia (15), discospondylitis (8), myelodysplasia (8), hypertrophic osteodystrophy (6), and blastomycosis (6).

Clinical Signs: Animals usually present with either persistent or waxing and waning fevers ranging from 103ºF to 106ºF. Other clinical signs depend on the underlying cause of the fever. Careful and thorough physical examination is required to assess potential causes.

Diagnostics: FUO etiologies are partly related to geography, and thus locale or travel history should factor into a practitioner's diagnostic approach. A patient's lifestyle may also provide clues regarding exposure to certain etiologic agents. Therefore, conducting a thorough history can unveil important pieces of the diagnostic puzzle. Physical examination is especially important and should include an inspection of all accessible lymph nodes, palpation and movement of the joints, a fundic examination, a neurological evaluation, spinal and limb palpation and range of motion tests, and a rectal examination.



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A minimum database should include a CBC reviewed by a clinical pathologist, as well as a biochemical profile and urinalysis. Retroviral testing should also be considered in cats. In areas where tick-borne disease is prevalent, in-house testing should be performed early. Advanced laboratory work can include: urine culture, blood culture, and infectious disease panels (PCR and/or serology). In dogs, one may screen for the following infectious agents: *Ehrlichia* spp., *Borrelia burgdorferi*, Rock Mountain Spotted Fever, *Bartonella* spp. (culture and PCR), and *Leptospira* spp. in cases of hepatic or renal involvement. In cats, one should evaluate for FeLV, FIV, feline infectious peritonitis (FIP) virus, toxoplasmosis, *Hemoplasma* spp. (*Mycoplasma*), and *Bartonella* spp. (culture and PCR). Testing for *Ehrlichia* spp., *Rickettsia* spp., and *Anaplasma phagocytophilum* can also be considered. A fungal assay is indicated if the patient lives in or has had exposure to a region with a higher incidence of fungal disease. Other infectious disease tests may be performed depending on the geographical location of the pet. Screening for *Brucella* should be done in breeding dogs. Immune-mediated disease screening can include a Coomb's test, a slide agglutination test (if the patient is anemic), and an antinuclear antibody (ANA) test. Immune disease is often a diagnosis of exclusion.

Imaging should include thoracic radiographs, abdominal ultrasound, and/or abdominal radiographs. Ultrasound can be very useful for assessing evidence of cholangiohepatitis, pyelonephritis, chronic urinary tract infection, abscess formation, peritonitis, and neoplasia; it also permits an examination of the intra-abdominal lymph nodes. An echocardiogram can offer assessment for vegetative endocarditis, whereas spinal radiographs offer assessment for discospondylitis. In cases where all other testing has proven negative and the patient has not responded to broad-spectrum antibiotics and supportive care, arthrocentesis should be considered to evaluate for septic joint disease, immune-mediated polyarthritis, and infectious disease. Finally, one can consider assessing the cerebrospinal fluid for meningoencephalitis, GME, and meningitis/arteritis. A bone marrow exam should be performed if blood dyscrasias are noted on the CBC.

Treatment: Treatment of the fever depends entirely on the underlying cause. Ideally, a thorough diagnostic plan will yield a diagnosis that will guide the appropriate therapeutic course. However, if an exhaustive approach has not produced a definitive diagnosis and there is no response to broad-spectrum antibiotics, trial therapy with immunosuppressive agents such as prednisolone can be considered to treat presumed immune-mediated diseases. Given the potential for negative sequelae should an underlying infection be present, one must be certain that the investigation is thorough and monitor the patient's response carefully.

Conclusion: If a documented fever has not responded to antibiotics, antipyretics, or general nursing care, it is important to obtain a diagnosis to guide more specific treatment. A systematic physical examination and thorough history-taking will help inform further diagnostics in addition to what is revealed by the minimum database.

References:

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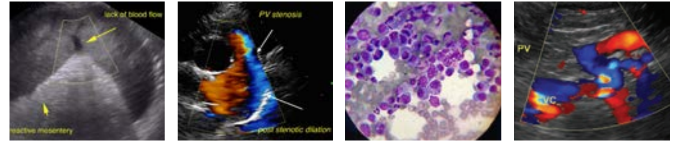
Dunn KJ, Dunn JK. Diagnostic investigations in 101 dogs with pyrexia of unknown origin. *J Sm Anim Pract* 1998;39(12):574-80.



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Flood J. The diagnostic approach to fever of unknown origin in cats. *Compend Contin Educ Vet* 2009;31(1):26-31.

Flood J. The diagnostic approach to fever of unknown origin in dogs. *Compend Contin Educ Vet* 2009;31(1):14-21.

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