



PATIENT PRESENTING CLINICAL SIGNS

Maggie Morris Distended abdomen, hepatomegaly, elevated ALKP.
Abnormal PE/Chem/CBC/UA Results: Stim pending

SPECIES ULTRASONOGRAPHIC EXAMINATION OF THE ABDOMEN

Canine

Urinary System

BREED

Maltese

The **urinary bladder**, trigone, and pelvic urethra presented normal thicknesses and normal tone. The ureters were not visible which is normal. No uroliths or sediment were visualized and anechoic urine was present. No evidence of inflammatory or neoplastic changes were noted. Ureteral papillae were normal. The pelvic urethra was imaged 3.0 cm beyond the cystourethral junction.

SEX

Spayed Female

The **kidneys** revealed largely normal size and structure, corticomedullary definition and ratio (cortex 1/3 of medulla) were essentially maintained with some age-related loss of curvilinear patterns regarding the capsule and C/M junction. The cortices presented largely uniform texture with some increased echogenicity expected for his age patient. Medullary structure differed distinctly from that of the cortex and no evidence of pelvic dilation was present. Mineralization noted in the right kidney. The right kidney measured 4.07 cm. The left kidney measured 4.06 cm. Cortical mineralization and slight pyelectasia noted in the left kidney.

AGE

13 Years

Adrenal Glands

WEIGHT

9.15 Pounds

The **adrenal glands** appeared slightly enlarged and swollen. No evidence of focal capsular expansion or invasion into the phrenic veins were noted. No overt suspicion of neoplasia was noted. This is considered likely a hyperplastic change associated with stress or adrenal endocrinopathy (PDH). If isosthenuria is persistently present and the patient morphologically suggests Cushing's disease then ACTH testing would be indicated. The left adrenal gland measured 1.89 cm x 0.67 cm at the cranial pole and 0.82 cm at the caudal pole. The right adrenal gland measured 1.5 cm x 0.64 cm at the caudal pole and 0.68 cm at the cranial pole.

INTERPRETED BY

Eric Lindquist, DMV
DABVP, Cert. IVUSS

Spleen

IMAGING PERFORMED BY

Shari Reffi, CVT

The **spleen** presented a smooth homogeneous parenchyma hyperechoic to liver and renal cortical parenchyma. The capsule was smooth without noticeable expansion or deviation from within the spleen or adjacent pathology. The splenic vasculature demonstrated normal volume without signs of congestion or thrombosis. No sonographic evidence of acute or chronic inflammatory, neoplastic, or infarctual changes were noted.

HOSPITAL NAME

New Bridge VP

Liver

REFERRING VET

Dr. Glennon

The **liver** was uniformly swollen with minor, excessive gallbladder debris and over distension with dependent and suspended bile without evidence of overt mucocele formation. However, excessive sludge was present. The liver presented coarse architecture with mildly increased portal markings and subtle, mixed echogenic changes. This is consistent with vacuolar hepatopathy and some level of remodeling and history of inflammatory component. There was no overt suspicion of neoplasia. Hyperechoic nodules noted, consistent with lipogranulomas.

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Gastrointestinal

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Examination of the **gastrointestinal tract** revealed a stomach and intestine free of stasis, of normal wall thickness, acceptable curvilinear mural detail, and peristaltic activity. Small and large intestine demonstrated normal luminal chyme and stool consistency respectively. No obstructive or overt infiltrative disease was noted. No associated abnormal lymphatic activity was noted.



PATIENT

Maggie Morris

Pancreas

SPECIES

Canine

Diffuse hyperechoic changes were present in the area of the **pancreas**. The pancreatic remodeling was evident with multifocal to diffuse hyperechoic changes. These changes are consistent with fibrosis, amyloid, saponification of fat and may contain areas of low-grade chronic active inflammation especially if pain on imaging (+ Murphy sign) was present +/- focal subxyphoid palpation reveals pain response. No overt masses were noted.

BREED

Maltese

ULTRASONOGRAPHIC FINDINGS

SEX

Spayed Female

- Bilateral adrenal hypertrophy – potential PDH/Cushing’s
- Benign hepatopathy with minor remodeling
- Pancreatic remodeling
- Moderate degenerative renal changes with slight pyelectasia

INTERPRETATION OF THE FINDINGS & FURTHER RECOMMENDATIONS

AGE

13 Years

Blood pressure measurements warranted.

Efficient & Accurate Cushing’s Work up-Lindquist

Notes regarding Cushing’s Clinical Presentations:

WEIGHT

9.15 Pounds

Nearly all Cushing’s dogs have SAP elevations and true PU/PD (USG < 1.025) and most are polyphagic. Cushing’s dogs are > 6 years and usually > 9 years old, usually have poor skin coats, body scores > 3/5, and are usually sedentary animals.

Its important to remember that Cushing’s dogs usually look and play the part and other diseases cause false + stress related cortisol spikes. On rare occasion a Cushing’s dog will not follow the rules but this is truly an exception.

INTERPRETED BY

Eric Lindquist, DMV
DABVP, Cert. IVUSS

Potential Cushing’s patient workups can be costly and frustrating if not definitive and, in my experience, the non-definitive patient usually has something else going on that may be contributing to some of the clinical signs a Cushing’s dog will have, especially SAP elevations or PU/PD. Based on this prelude of information I came up with the following algorithm in the spirit of diagnostic efficiency.

IMAGING PERFORMED BY

Shari Reffi, CVT

The following suggested protocol is based on current available literature on Cushing’s disease and extensive clinical-sonographic experience evaluation + Cushing’s and False + LDDST & ACTH stim. cases in order to maximize the efficiency of a Cushing’s workup in practice.

HOSPITAL NAME

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Screen first, workup second

1) **UA:** Repeatable (2-3 urine samples) Urine specific gravity & urine cortisol/creatinine ratio (UCCR): If **repeatable USG < 10.20 and + UCCR** move to next step 2.

REFERRING VET

Dr. Glennon

Note: UA is inexpensive and easy to obtain and if UA criteria is not met for Cushing’s then resources can be spent into other more pertinent diagnostics or left on hold until the UA criteria is met in emerging Cushing’s cases.

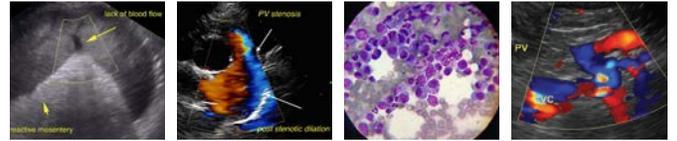
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2) **Sonogram:** Does the patient **have concurrent disease** clinically or sonographically as non-Cushing’s illness will influence the potential false + LDDST or even ACTH stim. The sonogram gives a global perspective of the internal health of the patient to be considered in the Cushing’s workup as an assessment of concurrent disease. Is there a concurrent neoplastic process, UTI pancreatitis, mucocele....? Are the adrenals enlarged (Cushing’s-PDH, stress, age related or breed variant), or atrophied (iatrogenic Cushing’s or adrenal burnout), have asymmetric enlargement (Adrenal tumor,

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hyperplasia, adenoma, age related variant), or is there vascular invasion (Invasive pheo with false + UA criteria or adenocarcinoma or phrenic thrombosis)? The sonogram answers these questions proactively.

SPECIES

Canine

3) **LDDST** (0.01 D-Sodium phosphate mg/kg IV) (Better screening test but plagued with false +) Use if there is potential early Cushing's or if adrenal asymmetry present on sonogram suspecting tumor. Use LDDST in cats at a higher dose (0.1 mg/kg IV).

OR

BREED

Maltese

4) **ACTH stim.** (Better confirming test but can have false +) Use if the patient "looks" Cushingoid or if bilateral adrenal enlargement is present, or high normal width on sonogram, or if iatrogenic Cushing's suspected (Cortisone Tx in past).

5) If **diabetic** then run both LDDST & ACTH stim.

SEX

Spayed Female

5) Run a **serial blood pressure** in a BP friendly non "white coat effect" atmosphere. Run at least 3 at different times over a few hours or when eating as the patient tends to be calm when eating or give Torbutrol when entering the facility.

AGE

13 Years

6) **Perform CT** of the pituitary to identify macro adenoma expansion if any lethargy or dullness or other central clinical CNS signs are minimally present.

Suggested reading:

WEIGHT

9.15 Pounds

Behrend EN, Kooistra HS, Nelson R, et al. Diagnosis of Spontaneous Canine Hyperadrenocorticism: 2012 ACVIM Consensus Statement (Small Animal). J Vet Intern Med 2013;27:1292-1304.

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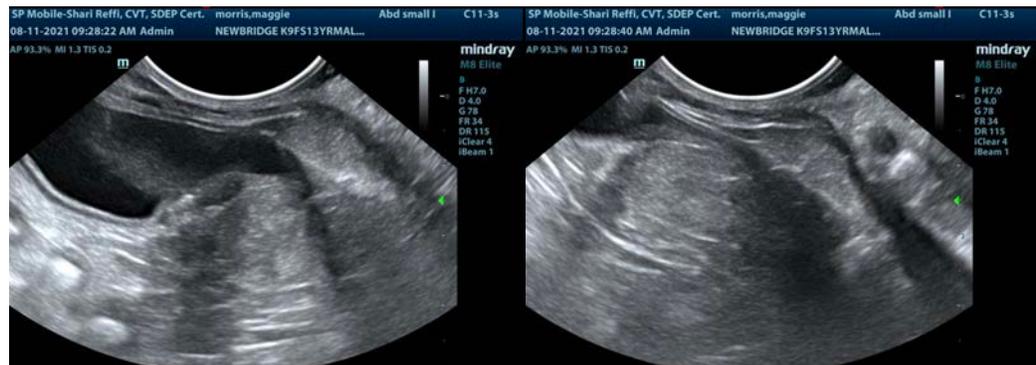


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Shari Reffi, CVT

HOSPITAL NAME

New Bridge VP



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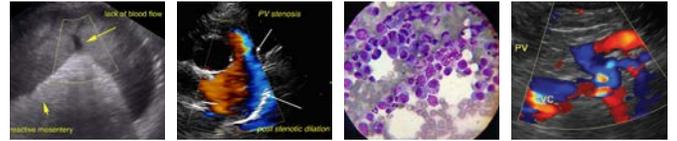
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The information and recommendations provided are based on the images presented by the referring veterinarian. No evaluation can be communicated regarding pathology that was not visible in the image/video clips provided.

Thank you for this referral. If the clinical or image interpretation does not parallel your findings or if I can be of any further assistance please contact me.

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