



PATIENT

Jasmine Mangini

SPECIES

Canine

BREED

Morkie

SEX

Spayed Female

AGE

12 Years

WEIGHT

10.9 Pounds

PRESENTING CLINICAL SIGNS

History: Very firm, bloated abdomen. Hepatomegaly on radiographs. PUPD x 1 week. No current meds. Abnormal PE/Chem/CBC/UA Results: GGT 24. UPUC 5.4, USG 1.015. HCT 50.8.

ULTRASONOGRAPHIC EXAMINATION OF THE HEART & ABDOMEN

CANINE CARDIAC PARAMETERS	MR VMAX (m/s)	TR VMAX (m/s)	LA/AO (Boon method)	LA/AO (Heart Base; Swe)	FS (%)	EF (%)	EPSS (cm)
NORMAL PARAMETER	4.5-5.5	<2.7	1.3	<1.3	28-40	40-100	<0.6
PATIENT	6.0	3.0	1.1	--	39	73	NM
CANINE CARDIAC PARAMETERS	HR (BPM)	AV VMAX (m/s)	PV MAX (m/s)	BODY WEIGHT (kg)	LA 2D short axis Base view (cm)	LVIDd Avg; 2D and m-mode short axis (cm)	LVIDs Avg; 2D and m-mode short axis (cm)
NORMAL PARAMETER	50-100	0.7-1.7	0.7-1.6				
PATIENT	101	1.60	.95	--	2.06	1.96	--

INTERPRETED BY

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Kelly Vazquez

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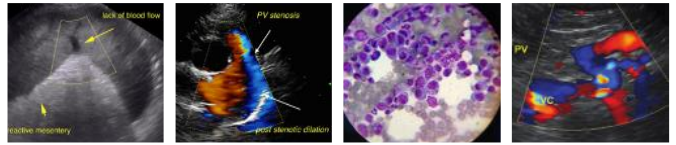
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Cardiac Presentation

The **echocardiogram** presented a prominent **right heart** with mild **right ventricular** hypertrophy, and normal **right atrial** size. Tricuspid insufficiency was noted. No evidence of neoplasia was noted in the right auricle, or elsewhere in the heart. The **pulmonary artery** was uniformly prominent with mildly depressed pulmonic velocity measured on PW Doppler. No overt heartworms were noted in the main or visible deep pulmonary arteries. Yet, theoretically heartworms could be present in the deep pulmonary vasculature out of visible sonographic range. More likely, however, this prominent right heart is due to excessive intra-thoracic pressures caused by chronic respiratory disease or potentially excessive intra-thoracic fat (Pickwickian syndrome). The **left heart** demonstrated a linear **ventricular septum**. Contractility was functionally adequate demonstrated by the FS% measurement. Normal **left atrial** size based on 3 different LA measurement methods noted. Chamber volumes and echogenicity were normal. The cranial and caudal **mitral** valve leaflets presented vegetative thickening consistent with endocardiosis. Doppler indicated measurable insufficiency. Mild aortic insufficiency was noted. No evidence of tumor, pericardial or pleural effusion was noted. The visible **extra-cardiac** tissues were uniformly linear without evidence of masses, infiltrative or inflammatory mediastinal tissue. No evident arrhythmic activity was noted during the exam. Hepatic vein dilation was noted at 0.93 cm.

Urinary System



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The **urinary bladder**, trigone, and pelvic urethra presented normal thicknesses and normal tone. The ureters were not visible which is normal. Anechoic urine was present. Ureteral papillae were normal. A 4.6 mm calculus was noted in the urinary bladder.

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The **kidneys** revealed largely normal size and structure, corticomedullary definition and ratio (cortex 1/3 of medulla) were essentially maintained with some age-related loss of curvilinear patterns regarding the capsule and C/M junction. The cortices presented largely uniform texture with some increased echogenicity expected for his age patient. Medullary structure differed distinctly from that of the cortex. Mineralization was present in the kidneys. The right kidney measured 4.42 cm. The left kidney measured 4.03 cm. Slight pyelectasia (7.0 mm) was noted in the left kidney. Calculi were noted, nonobstructive.

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Adrenal Glands

Both **adrenal glands** were visualized and recognized as having largely normal shape, size, position and acceptable echogenicity for this age group and breed. Some heterogeneity was noted within the adrenal parenchyma without concerning capsular distortion. These changes are mild and likely age related but should be monitored by sonogram should the patient be suspected of having adrenal disease. The right adrenal gland measured 2.05 cm x 1.06 cm at the cranial pole and 0.68 cm at the caudal pole. The left adrenal gland measured 2.08 cm x 0.96 cm at the caudal pole and 0.45 cm at the cranial pole.

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Spleen

The **spleen** presented a smooth homogeneous parenchyma hyperechoic to liver and renal cortical parenchyma. The capsule was smooth without noticeable expansion or deviation from within the spleen or adjacent pathology. The splenic vasculature demonstrated normal volume without signs of congestion or thrombosis. No sonographic evidence of acute or chronic inflammatory, neoplastic, or infarctual changes were noted.

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Liver

Passive congestion **liver** pattern noted. The gallbladder wall was thickened and echogenic, measuring up to 0.6 cm. A minor amount of debris was noted in the GB. Comet tail lung pattern noted in the lung fields.

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Gastrointestinal

Examination of the **gastrointestinal tract** revealed a stomach and intestine free of stasis, of normal wall thickness, acceptable curvilinear mural detail, and peristaltic activity. Small and large intestine demonstrated normal luminal chyme and stool consistency respectively. No obstructive or overt infiltrative disease was noted. No associated abnormal lymphatic activity was noted.

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Pancreas

The base and limbs of the **pancreas** were observed to be largely isoechoic to surrounding omental fat. Pancreatic duct and capsular contour were acceptably normal and parenchyma respected normal curvilinear patterns. No overt evidence of active inflammatory or neoplastic disease was noted.

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ULTRASONOGRAPHIC FINDINGS

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- Urinary bladder sand
- Moderate degenerative renal changes with calculi



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- PDH type adrenal glands
- Age-related hepatic changes with passive congestion liver pattern
- Polypoid gallbladder changes
- Comet tail lung pattern
- Right sided cardiac enlargement
- Mild pulmonary hypertension
- Mitral and tricuspid insufficiency
- Stage B-1 valvular disease

INTERPRETATION OF THE FINDINGS & FURTHER RECOMMENDATIONS

Blood pressure measurements warranted. No ascites noted or complete right sided failure. The tricuspid insufficiency velocity demonstrates early pulmonary hypertension but yet not typically to the degree to cause right sided heart failure. Primary respiratory disease may be playing a role in this patient. If the patient appears Cushingoid, then work up for PDH is indicated. I do not recommend initiating treatment for right sided failure at this time until further evaluation of the caudal thorax. I recommend recheck echo in 1 month to assess the need for sildenafil. The urinary bladder sand should be able to be liberated, given that this is a female, however, some hematuria may occur.

Cushing Work UP

Efficient & Accurate Cushing's Work up-Lindquist

Notes regarding Cushing's Clinical Presentations:

Nearly all Cushing's dogs have SAP elevations and true PU/PD (USG < 1.025) and most are polyphagic. Cushing's dogs are > 6 years and usually > 9 years old, usually have poor skin coats, body scores > 3/5, and are usually sedentary animals.

Its important to remember that Cushing's dogs usually look and play the part and other diseases cause false + stress related cortisol spikes. On rare occasion a Cushing's dog will not follow the rules but this is truly an exception.

Potential Cushing's patient workups can be costly and frustrating if not definitive and, in my experience, the non-definitive patient usually has something else going on that may be contributing to some of the clinical signs a Cushing's dog will have, especially SAP elevations or PU/PD. Based on this prelude of information I came up with the following algorithm in the spirit of diagnostic efficiency.

The following suggested protocol is based on current available literature on Cushing's disease and extensive clinical-sonographic experience evaluation + Cushing's and False + LDDST & ACTH stim. cases in order to maximize the efficiency of a Cushing's workup in practice.

Screen first, workup second

1) **UA:** Repeatable (2-3 urine samples) Urine specific gravity & urine cortisol/creatinine ratio (UCCR): If **repeatable USG < 10.20 and + UCCR** move to next step 2.

Note: UA is inexpensive and easy to obtain and if UA criteria is not met for Cushing's then resources can be spent into other more pertinent diagnostics or left on hold until the UA criteria is met in emerging Cushing's cases.

2) **Sonogram:** Does the patient **have concurrent disease** clinically or sonographically as non-Cushing's illness will influence the potential false + LDDST or even ACTH stim. The sonogram gives a



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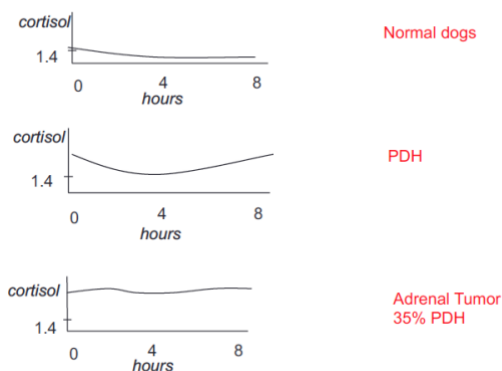
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global perspective of the internal health of the patient to be considered in the Cushing's workup as an assessment of concurrent disease. Is there a concurrent neoplastic process, UTI pancreatitis, mucocele...? Are the adrenals enlarged (Cushing's-PDH, stress, age related or breed variant), or atrophied (iatrogenic Cushing's or adrenal burnout), have asymmetric enlargement (Adrenal tumor, hyperplasia, adenoma, age related variant), or is there vascular invasion (Invasive pheo with false + UA criteria or adenocarcinoma or phrenic thrombosis)? The sonogram answers these questions proactively.

Address & treat concurrent disease first before performing Cushing's testing or testing will be artificially altered increasing false negatives and positives.

3) **LDDST** (0.01 D-Sodium phosphate mg/kg IV **with precise dosing******) (Better screening test but plagued with false + but considered more specific than ACTH stim) Use if there is potential early Cushing's or if adrenal asymmetry present on sonogram suspecting tumor. Use LDDST in cats at a higher dose (0.1 mg/kg IV). **Interpretation LDDST:** Look at 8-hour post first: If > 1.4 = Cushing's. Then look at 4-hour: if > 1.4 or > 50% baseline = Cushing's. 4-hour do then 8-hour spike most consistent with PDH. Flat line high constant curve without dip more consistent with tumor but can be PDH. See attached graph.

LDDST



Courtesy: Rebecca Berg DACVIM, DECVIM

4) **ACTH stim.** (Better confirming test but can have false +) Use if the patient "looks" Cushingoid or if bilateral adrenal enlargement is present, or high normal width on sonogram, or if iatrogenic Cushing's suspected (Cortisone Tx in past). ACTH stim is better for diagnosis of Addisons, Iatrogenic Cushing's, and Cushing's therapy monitoring but problematic with initial Cushing's diagnosis. First dx LDDST is suggested.

5) If **diabetic** then run both LDDST & ACTH stim but stabilize as much as possible first.

5) Run a **serial blood pressure** in a BP friendly non "white coat effect" atmosphere. Run at least 3 at different times over a few hours or when eating as the patient tends to be calm when eating or give Torbutrol when entering the facility. Cushing's hypertension is usually 150-180 systolic range while pheochromocytoma range is more often > 180 systolic.



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6) **Perform CT** of the pituitary to identify macro adenoma expansion if any lethargy or dullness or other central clinical CNS signs are minimally present. CT for adrenal may be more thorough for adrenalectomy surgical planning if ultrasound views of the CVC were problematic.

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7) **Adrenectomy** for adrenal mass is prescribed then it is essential to stabilize the patient first regarding secondary disease such as organ dysfunction, hypertension, diabetes mellitus, hypernatremia, thromboembolic risk urinary and other infection in order to minimize potential for operative and postoperative complications as they are common in adrenalectomy. Trilostane stabilization therapy for Cushing's would be the first approach then address surgery and hypertension should be managed ideally < 160 systolic with ace inhibitors, phenoxybenzamine, or amlodipine.

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Suggested reading:

Behrend EN, Kooistra HS, Nelson R, et al. Diagnosis of Spontaneous Canine Hyperadrenocorticism: 2012 ACVIM Consensus Statement (Small Animal). J Vet Intern Med 2013;27:1292–1304 .

AGE

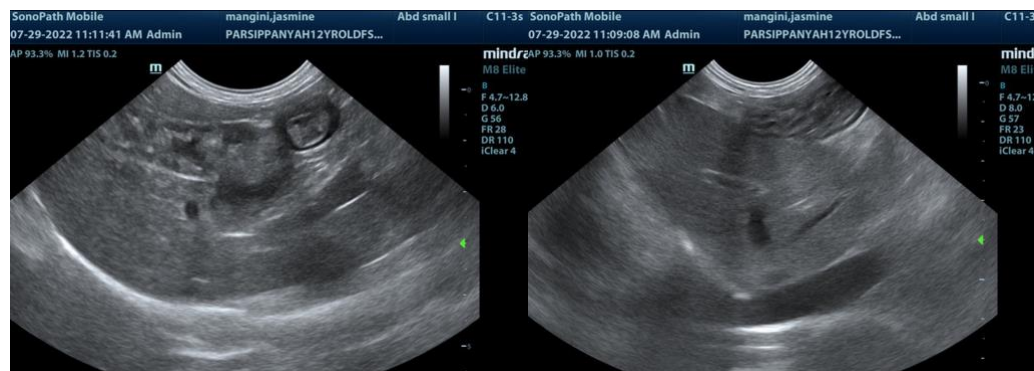
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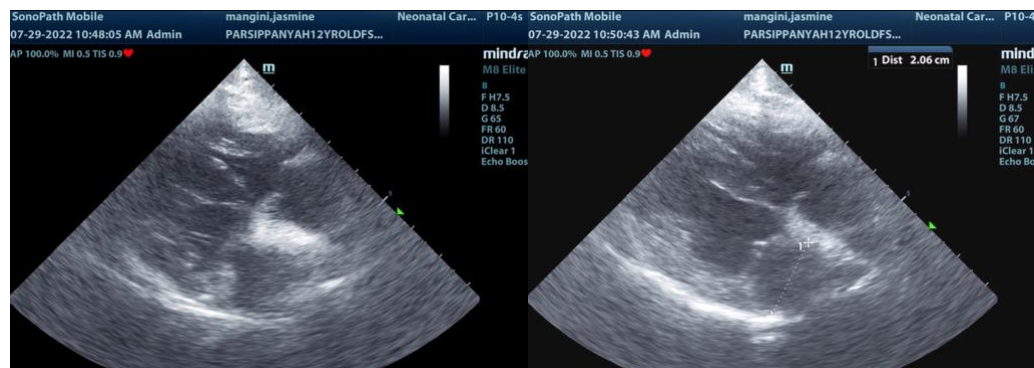


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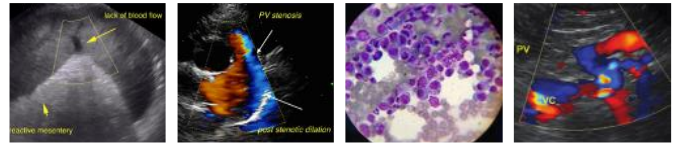
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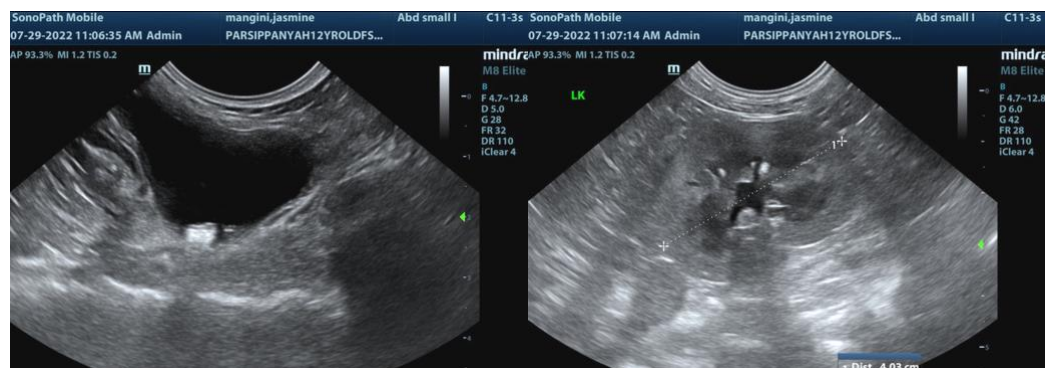
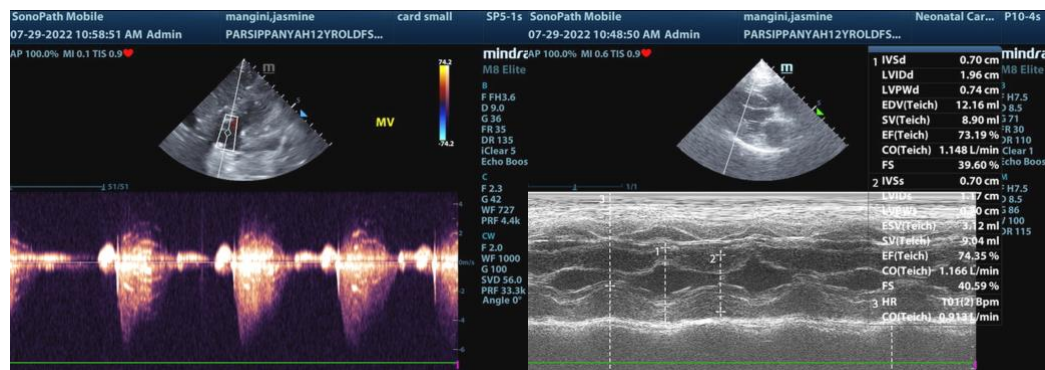
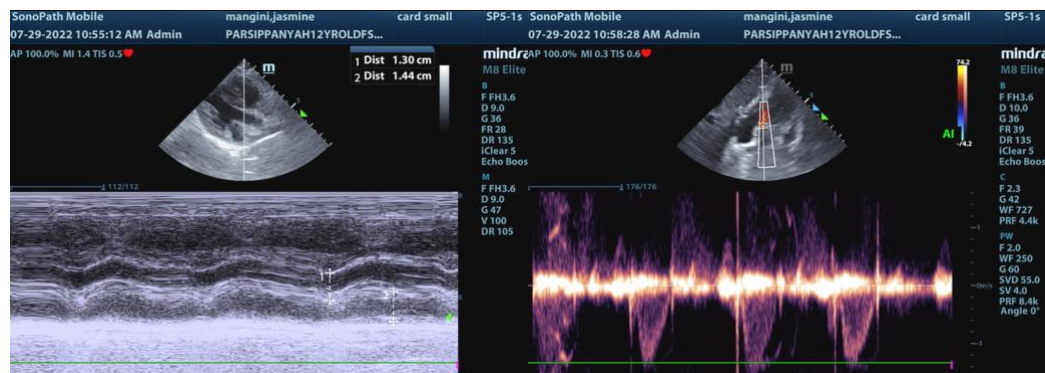
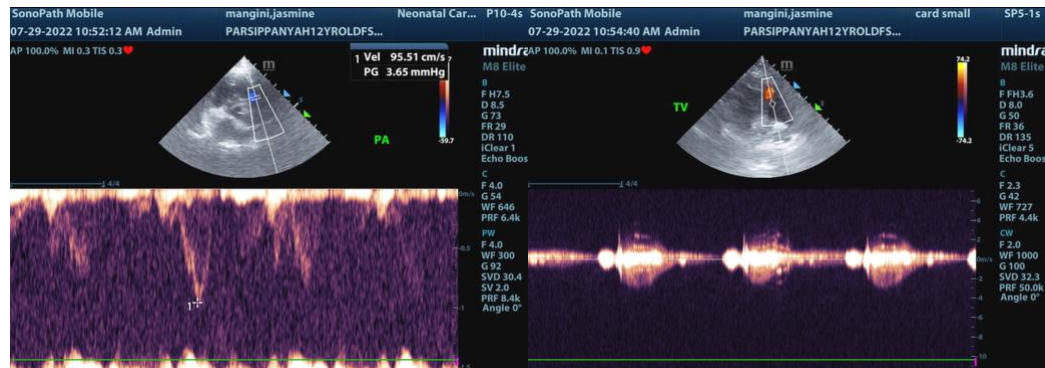
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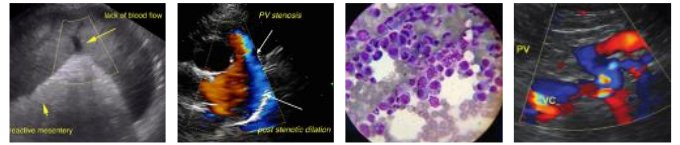
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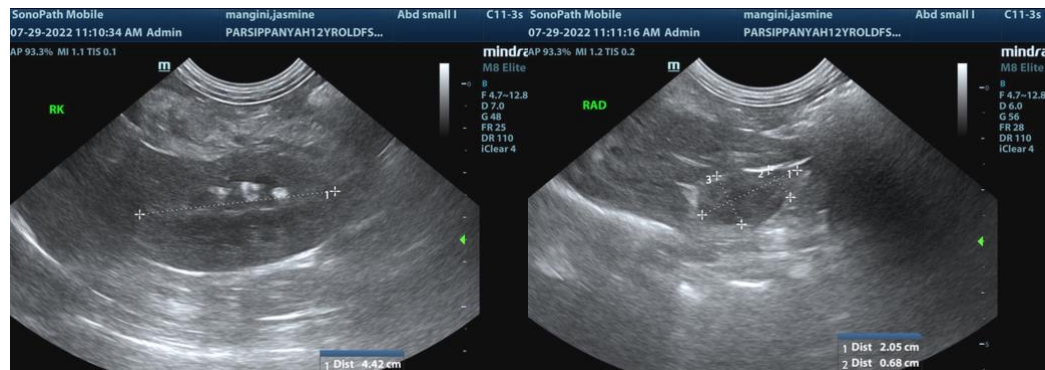
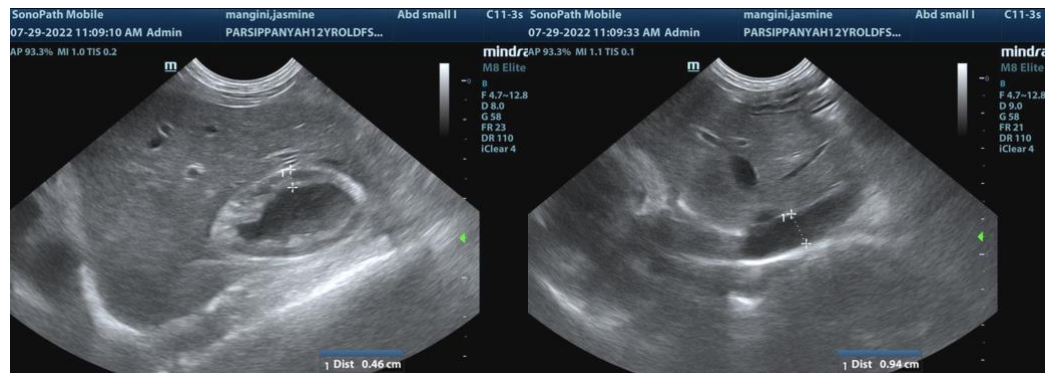
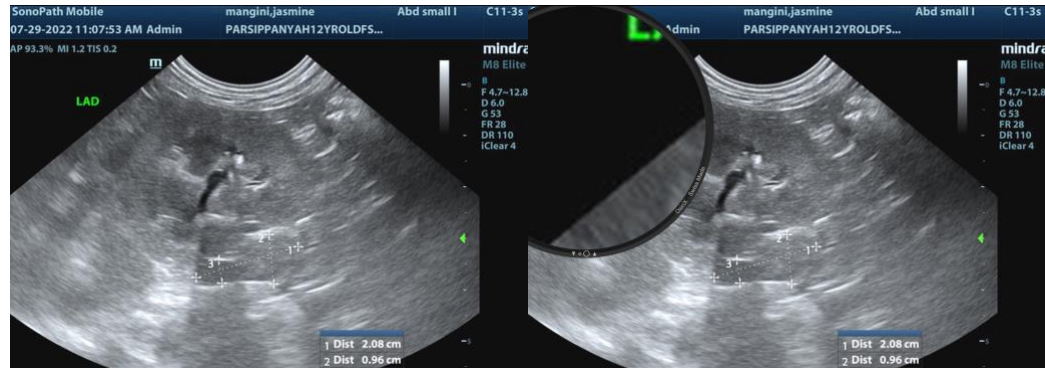
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The information and recommendations provided are based on the images presented by the referring veterinarian. No evaluation can be communicated regarding pathology that was not visible in the image/video clips provided.

Thank you for this referral. If the clinical or image interpretation does not parallel your findings or if I can be of any further assistance please contact me.

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