

**DATE PRESENTING CLINICAL SIGNS**

10/5/21 History of elevated ALKP. Recently developed PU/PD. Dog had shunt surgery when she was very young.
Current Medications: Cytopoint every 6 weeks

PATIENT

Lilly Swope

Lab Results: ALKP >2000 from December 2019 to July 2021.

BUN 62 July 2021. BUN 39 Sept 2020. Labs done 10/4/21:

SDMA: 21 [0-14]. ALKP 1085. BUN 67.

Date of Previous IntraPet Ultrasound: 01/17/2020

Sedation: Sedation not necessary.

Stat Report: Stat report not requested.

SPECIES

Canine

ULTRASONOGRAPHIC EXAMINATION OF THE ABDOMEN**BREED**

Yorkie

Urinary System

The **urinary bladder**, trigone, and pelvic urethra presented normal thicknesses and normal tone. The ureters were not visible which is normal. No uroliths or sediment were visualized and anechoic urine was present. No evidence of inflammatory or neoplastic changes was noted. Ureteral papillae were normal.

SEX

Spayed Female

The **kidneys** revealed largely normal size and structure, corticomedullary definition and ratio (cortex 1/3 of medulla) were essentially maintained with some age-related loss of curvilinear patterns regarding the capsule and C/M junction. The cortices presented largely uniform texture with some increased echogenicity expected for this age patient. Medullary structure differed distinctly from that of the cortex. The right kidney measured 4.62 cm. The left kidney measured 3.85 cm with cortical cysts and slight pyelectasia.

AGE

2011

WEIGHT

5 kg

Adrenal Glands

Both **adrenal glands** were visualized and recognized as having normal shape, size, position and echogenicity for this breed. The phrenic vasculature, glandular echogenicity and detail were unremarkable. Capsule, cortex, and medullary definition were normal for this age patient. The right adrenal gland measured 1.75 x 0.89 cm at the caudal pole and 0.55 cm at the cranial pole. The left adrenal gland was at the upper limits of normal and measured 2.49 x 0.76 cm and 0.54cm at the cranial pole.

INTERPRETED BY

Eric Lindquist, DMV
DABVP, Cert. IVUSS

Spleen

The **spleen** presented a smooth homogeneous parenchyma hyperechoic to liver and renal cortical parenchyma. The capsule was smooth without noticeable expansion or deviation from within the spleen or adjacent pathology. The splenic vasculature demonstrated normal volume without signs of congestion or thrombosis. No sonographic evidence of acute or chronic inflammatory, neoplastic, or infarctual changes was noted.

HOSPITAL NAME

Banfield White Marsh

REFERRING VET

Dr. Racz

Liver

The **liver** revealed uniform vacuolar hepatopathy pattern with a minor amount of remodeling. The gallbladder was mildly over distended with excessive debris and multi-focal, concentric polypoid changes noted throughout the gallbladder wall. Non-obstructive gallbladder calculi were noted.

INVOICE

92183

Gastrointestinal

Examination of the **gastrointestinal tract** revealed a stomach and intestine free of stasis, of normal wall thickness, acceptable curvilinear mural detail, and peristaltic activity. Small and large intestine demonstrated normal luminal chyme and stool consistency respectively. No obstructive or overt infiltrative disease was noted. No associated abnormal lymphatic activity was noted.

Pancreas

The **pancreas** revealed hyperechoic remodeling similar to the prior sonogram. The right pancreatic limb measured 1.39 cm. Minor, nodular changes were noted. This is likely sequelae from prior episodes of pancreatitis.

ULTRASONOGRAPHIC FINDINGS

Benign hepatopathy.

Polypoid gallbladder changes. Non-obstructive gallbladder calculi.

Pancreatic remodeling.

Measurably normal adrenal glands. Essentially the same size as the prior sonogram.

Moderate degenerative renal changes with pyelectasia.

INTERPRETATION OF THE FINDINGS & FURTHER RECOMMENDATIONS

Assessment for any evidence of urinary tract infection is warranted. Technically pituitary dependent hyperadrenocorticism is possible as a small percentage of patients with structurally and measurably normal adrenal glands. However, if Cushing's disease is to be treated I recommend that solid criteria is present with a suggested protocol.

Efficient & Accurate Cushing's Work up-Lindquist

Notes regarding Cushing's Clinical Presentations:

Nearly all Cushing's dogs have SAP elevations and true PU/PD (USG < 1.025) and most are polyphagic.

Cushing's dogs are > 6 years and usually > 9 years old, usually have poor skin coats, body scores > 3/5, and are usually sedentary animals.

Its important to remember that Cushing's dogs usually look and play the part and other diseases cause false + stress related cortisol spikes. On rare occasion a Cushing's dog will not follow the rules but this is truly an exception.

Potential Cushing's patient workups can be costly and frustrating if not definitive and, in my experience, the non-definitive patient usually has something else going on that may be contributing to some of the clinical signs a

Cushing's dog will have, especially SAP elevations or PU/PD. Based on this prelude of information I came up with the following algorithm in the spirit of diagnostic efficiency.

The following suggested protocol is based on current available literature on Cushing's disease and extensive clinical-sonographic experience evaluation + Cushing's and False + LDDST & ACTH stim. cases in order to maximize the efficiency of a Cushing's workup in practice.

Screen first, workup second

1) **UA:** Repeatable (2-3 urine samples) Urine specific gravity & urine cortisol/creatinine ratio (UCCR): If **repeatable USG < 10.20 and + UCCR** move to next step 2.

Note: UA is inexpensive and easy to obtain and if UA criteria is not met for Cushing's then resources can be spent into other more pertinent diagnostics or left on hold until the UA criteria is met in emerging Cushing's cases.

2) **Sonogram:** Does the patient **have concurrent disease** clinically or sonographically as non-Cushing's illness will influence the potential false + LDDST or even ACTH stim. The sonogram gives a global perspective of the internal health of the patient to be considered in the Cushing's workup as an assessment of concurrent disease. Is there a concurrent neoplastic process, UTI pancreatitis, mucocele....? Are the adrenals enlarged (Cushing's-PDH, stress, age related or breed variant), or atrophied (Iatrogenic Cushing's or adrenal burnout), have asymmetric enlargement (Adrenal tumor, hyperplasia, adenoma, age related variant), or is there vascular invasion (Invasive pheo with false + UA criteria or adenocarcinoma or phrenic thrombosis)? The sonogram answers these questions proactively.

3) **LDDST** (0.01 D-Sodium phosphate mg/kg IV) (Better screening test but plagued with false +) Use if there is potential early Cushing's or if adrenal asymmetry present on sonogram suspecting tumor. Use LDDST in cats at a higher dose (0.1 mg/kg IV).

OR

4) **ACTH stim.** (Better confirming test but can have false +) Use if the patient “looks” Cushingoid or if bilateral adrenal enlargement is present, or high normal width on sonogram, or if iatrogenic Cushing’s suspected (Cortisone Tx in past).

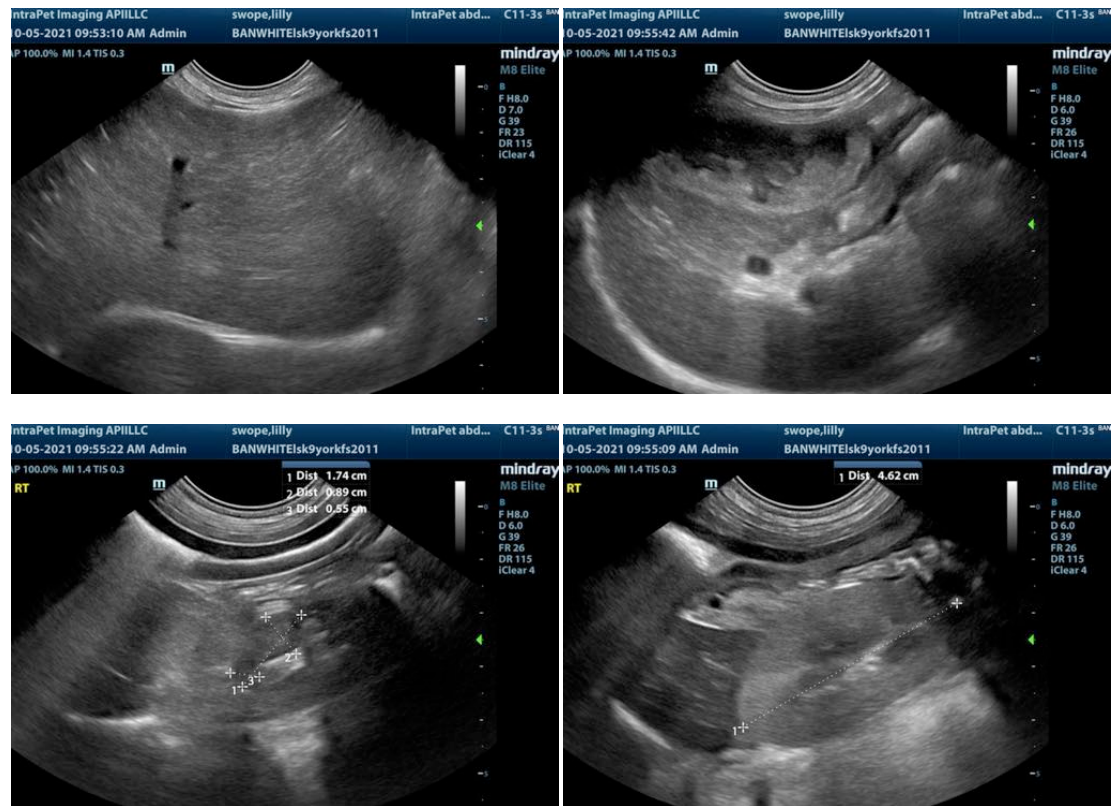
5) If **diabetic** then run both LDDST & ACTH stim.

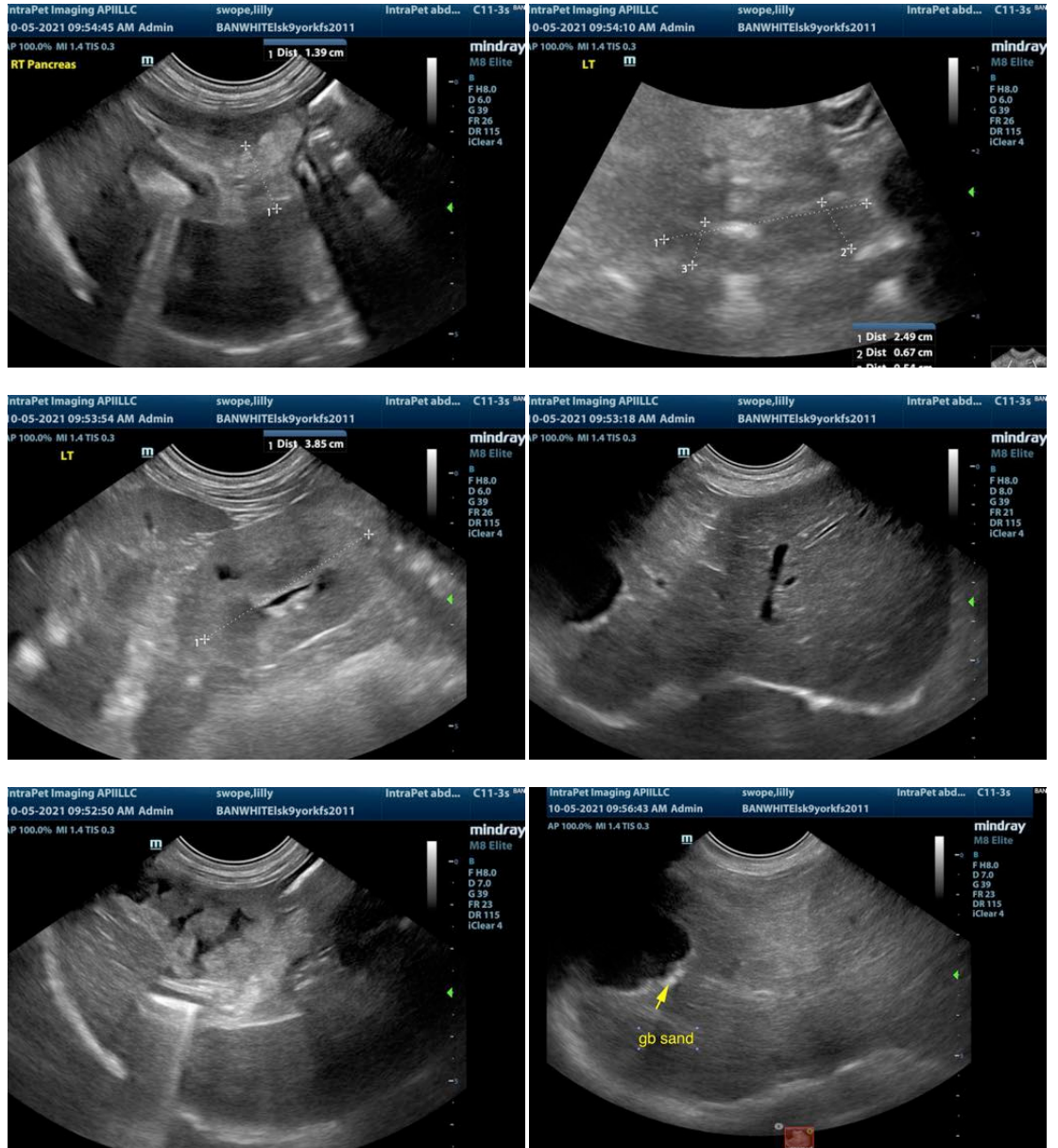
5) Run a **serial blood pressure** in a BP friendly non “white coat effect” atmosphere. Run at least 3 at different times over a few hours or when eating as the patient tends to be calm when eating or give Torbutrol when entering the facility.

6) **Perform CT** of the pituitary to identify macro adenoma expansion if any lethargy or dullness or other central clinical CNS signs are minimally present.

Suggested reading:

Behrend EN, Kooistra HS, Nelson R, et al. Diagnosis of Spontaneous Canine Hyperadrenocorticism: 2012 ACVIM Consensus Statement (Small Animal). J Vet Intern Med 2013;27:1292–1304 .





The information and recommendations provided are based on the images presented by the referring veterinarian. No evaluation can be communicated regarding pathology that was not visible in the image/video clips provided.

Thank you for this referral. If the clinical or image interpretation does not parallel your findings or if I can be of any further assistance please contact me.

Eric Lindquist, DMV, DABVP, Cert. IVUSS, CEO of SonoPath.com
 Eric.Lindquist@SonoPath.com