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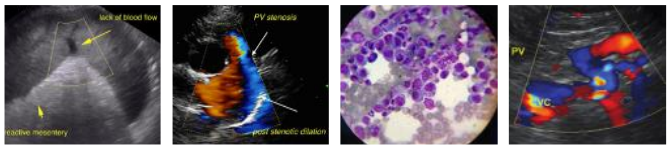

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1-800-838-4268 info@sonopath.com

PATIENT

Onika Barna

SPECIES

Canine

BREED

German Shepherd

SEX

Spayed Female

AGE

2 Years

WEIGHT

57.7 Pounds

INTERPRETED BY

Eric Lindquist, DMV DABVP, Cert. IVUSS

IMAGING PERFORMED BY

John Bucha, VMD

HOSPITAL NAME

Harveys Lake VC

REFERRING VET

John Bucha, VMD

INVOICE

17940

DATE

10/28/22

PRESENTING CLINICAL SIGNS

History: *Chronic allergy patient - owner uses Cytopoint to maintain* 9/20/22: Patient was seen for an ear infection and owner thinks patient is losing weight. Weight: 57.4 (prior to this weight patient was always around 60 lbs) BCS: 4.8 /9 T: 103.4 P: 120 R: 30 Patient looked good upon exam. 10/28/22: Patient presented today for weight loss per owner and diarrhea. Owner stated patient has had watery diarrhea since 9/20/22, owner hasn't noticed any vomiting. Patient does eat but not as much as usual and owner stated that approximately 2 weeks ago she noted her abdomen was appearing larger. Physical Exam: Weight: 57.7 lbs T: 102.8 P: 120 R: 40 BCS: 4.8 /9 -Chronic diarrhea - Fecal score #7 -Pot-bellied appearance - fluid present in the abdomen -Thin

Abnormal PE/Chem/CBC/UA Results: Lab Work performed 9/20/22: -Intestinal Parasite Screen: No Parasites Seen -ProCyte Dx (CBC): RETIC: 110.1 (Norm: 10.0 to 110.0) PLT: 489 (Norm: 148 to 484) All Else WNL -Catalyst Dx (Chem Panel, Lytes, SDMA) ALB: 2.2 (Norm: 2.3 to 4.0) ALT: 192 (Norm: 10 to 125) CHOL: 78 (Norm: 110 to 320) All Else WNL -HWT /Lyme /EH /AP Test: AP positive (was treated when first positive 10/2021) -Urinalysis: Spec Grav: 1.016 pH: 8 All Else WNL Diagnostics performed today 10/28/22: -Chem Panel, Lytes, SDMA - results are attached to case ALB: 1.8 (Norm: 2.3 to 4.0) ALT: 146 (Norm: 10 to 125) CHOL: 76 (Norm: 110 to 320) All Else WNL -CBC - results are attached to case All WNL -CpL Snap: Abnormal - results are attached to case -Urinalysis via Cysto - results are attached to case Spec Gravity: 1.018 pH: 6.0 PRO: Trace BLD: 250 WBC: 6/hpf RBC: >50 /hpf -Urine Bacteria Confirmation: None detected -Radiographs left and right lateral and d/v abdomen - included -Full Abdominal Ultrasound - included Pending Diagnostics (sent out to Idexx) -Cortisol level -Fluid analysis and Cytology (abdominal fluid tap)

ULTRASONOGRAPHIC EXAMINATION OF THE ABDOMEN

Urinary System

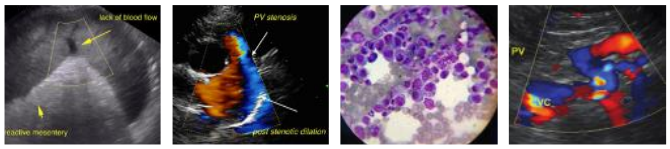
The **urinary bladder**, trigone, and pelvic urethra presented normal thicknesses and normal tone. The ureters were not visible which is normal. No uroliths or sediment were visualized, and anechoic urine was present. No evidence of inflammatory or neoplastic changes were noted. Ureteral papillae were normal.

The **kidneys** revealed normal size and structure, corticomedullary definition and ratio for this age. The cortices presented largely uniform texture with normal echogenic relationship to liver and spleen. Medullary structure differed distinctly from the cortex and no evidence of pelvic dilation was present. The capsules were acceptably uniform without significant irregularities. The right kidney measured 7.6 cm. The left kidney measured 7.82 cm. A slight cortical infarct was noted at the dorsal cortex of the left kidney.

Adrenal Glands

Both **adrenal glands** were visualized and recognized as having normal shape, size, position and echogenicity for this breed. The phrenic vasculature, glandular echogenicity and detail were unremarkable. Capsule, cortex, and medullary definition were normal for this age patient. The right adrenal gland measured 0.92 cm at the cranial pole and 0.88 cm at the caudal pole. The left adrenal gland measured 0.84 cm in width.

Spleen



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The **spleen** presented a smooth homogeneous parenchyma hyperechoic to liver and renal cortical parenchyma. The capsule was smooth without noticeable expansion or deviation from within the spleen or adjacent pathology. The splenic vasculature demonstrated normal volume without signs of congestion or thrombosis. No sonographic evidence of acute or chronic inflammatory, neoplastic, or infarctual changes were noted.

Liver

The **liver** parenchyma was uniform. The hepatic veins were mildly dilated. The gallbladder revealed echogenic wall, consistent with porcelain gallbladder. A minor amount of biliary sand was noted.

Gastrointestinal

The **stomach** itself was unremarkable. The colon was fluid filled. Some areas of mucosal fogging were noted in the small intestine under high resolution.

Pancreas

The base and limbs of the **pancreas** were observed to be largely isoechoic to surrounding omental fat. Pancreatic duct and capsular contour were acceptably normal and parenchyma respected normal curvilinear patterns. No overt evidence of active inflammatory or neoplastic disease was noted.

Free Abdomen

A large amount of anechoic **ascites** was noted in this patient.

ULTRASONOGRAPHIC FINDINGS

- A large amount of ascites
- Minor passive congestion liver pattern
- Porcelain gallbladder, history of cholangitis is likely
- Left renal infarct
- Mucosal fogging in the small intestine under high resolution
- Fluid filled colon

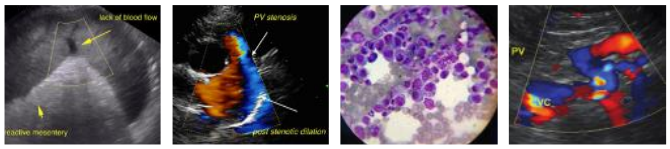
INTERPRETATION OF THE FINDINGS & FURTHER RECOMMENDATIONS

No obvious masses, however, occult neoplasia, such as lymphomatosis, mastocytosis or similar is a potential. Cytospin of the abdominal fluid is indicated with immediate slide preparation. Echocardiogram is warranted to assess for right heart disease given the minor hepatic vein dilation. The exact cause of the ascites is unclear. Suspect protein losing enteropathy, however, hydrostatic pressure from potential lymphatic congestion or passive congestion from right heart disease are potential complicating issues. Treatment for protein losing enteropathy is warranted. Assessment for Addisons is warranted, though not suspected, given that the adrenal size is normal. Plasma transfusion would be ideal at this point.

PLE Therapy

Part or all of this protocol may be considered based on your clinical impression of the patient:

OBJECTIVE: keep albumin levels > 2 g/dl, avoid thromboembolism and cavitary effusions, monitor concurrent PLN (Wheaton Terrier PLE/PLN) and liver disease:
Plasma 10 mL / kilogram IV over 4 hours



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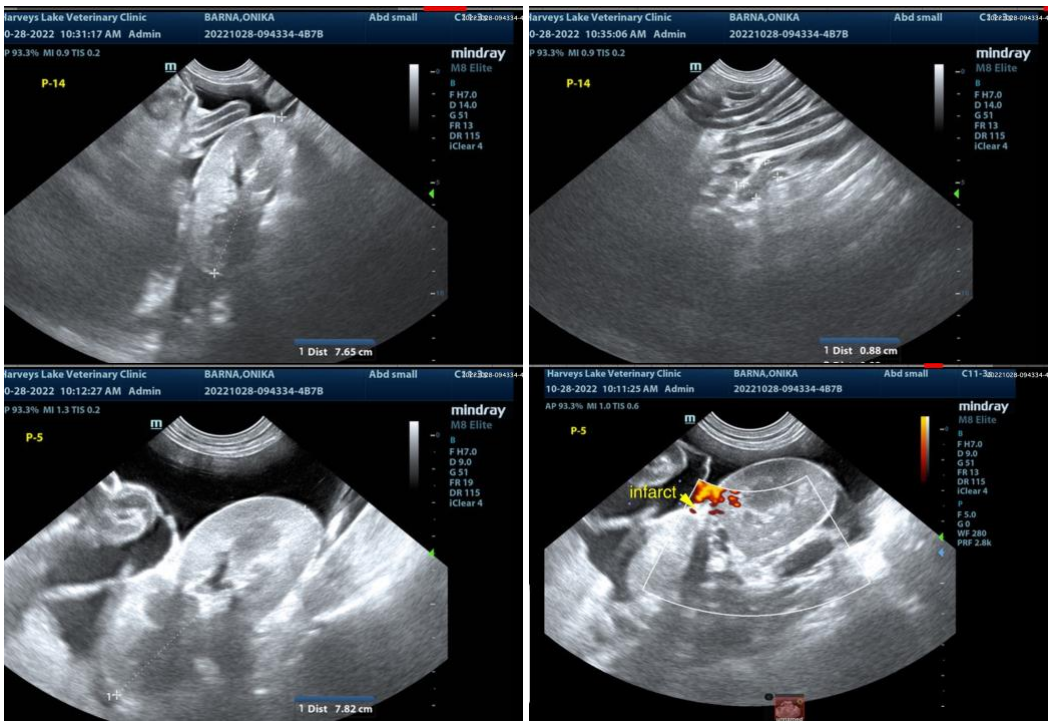
Or **Human albumin** 2 ml/kg/h over 10 hours. Total daily volume 20.l/kg/day
And Colloids/Hetastarch
10 to 20 mL per kilogram per day and dogs
10 to 15 mL per kilogram per day cats
(Can bolus first 1/3 of dose over 15 minutes)
& maintain on LRS maintenance otherwise.
Metronidazole (10-20 mg/kg po bid)
Famotidine 1 mg/kg Iv Im po dc Sid /bid
Sucralfate 0.5-1 g po tid dogs, 0.5 g bid cats in slurry **Or Misoprostol** 1-5 ug/kg po tid
Diet: Highly digestible high quality protein, low fiber, low fat diet (< 15% of dry matter). Hydrolyzed protein or novel protein. Purina HA or Royal Canine HP or similar.
Prednisone or prednisolone 2 mg/kg bid x 3-5 days then 2 mg/kg sid. **Chlorambucil** in refractive severe IBD/alimentary lymphoma cases (monitor cbc for rare bone marrow suppression) 4 mg/m^2 Q 24-48 hours.
Cobalamine (B12) 250-1500 ug/dog weekly x 6 weeks.
Calcium supplementation if necessary.
Aspirin 0.5-1 mg/kg/day **or Clopidrel** (Plavix) 1-5 mg/kg/day.

For an additional charge, internal medicine consult can be utilized through Sonopath.com. You can select the internal medicine drop down at http://spa.sonopath.com/.

One of the world's top internists & SonoPath associate Dr. Remo Lobetti BVSc, MMedVet, PhD, DECVIM can evaluate your case through SonoPath. https://sonopath.com/resources/sonopath-services/internal-medicine-teleconsultation-services



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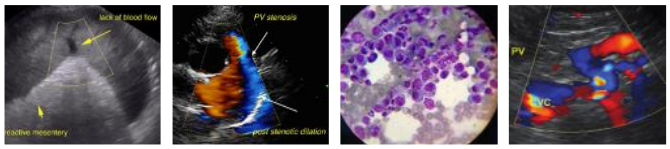

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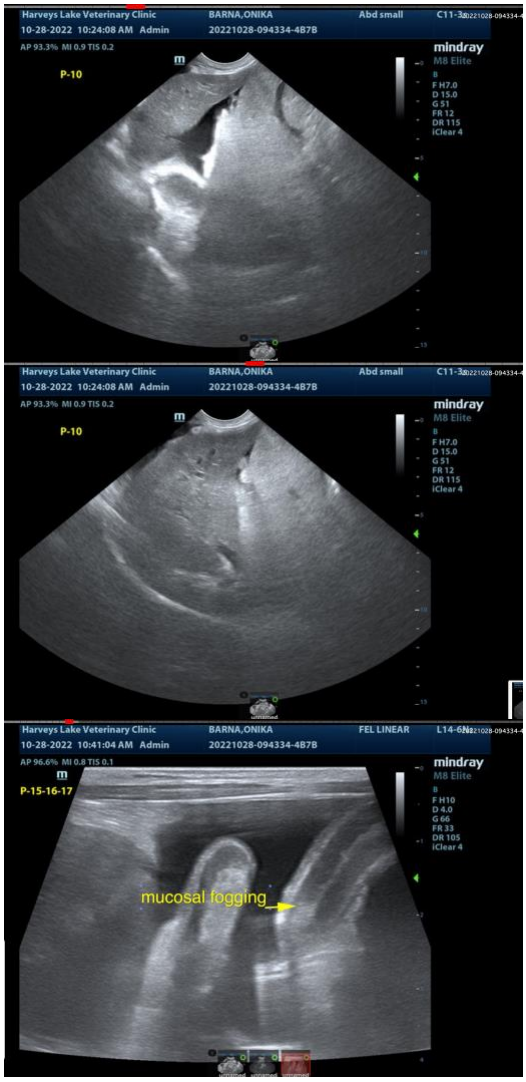


The information and recommendations provided are based on the images presented by the referring veterinarian. No evaluation can be communicated regarding pathology that was not visible in the image/video clips provided.

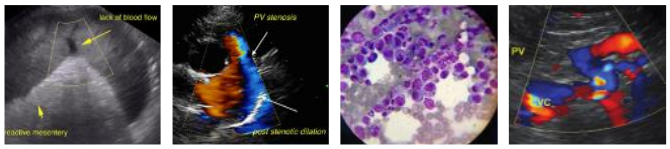
Thank you for this referral. If the clinical or image interpretation does not parallel your findings or if I can be of any further assistance please contact me.

Eric Lindquist, DMV, DABVP, Cert. IVUSS, CEO of SonoPath.com
info@SonoPath.com

Protein-Losing Enteropathy (PLE)

http://www.sonopath.com/PLE

Description: Protein-losing enteropathy (PLE) is characterized by conditions or disease processes that cause protein loss through the gastrointestinal (GI) mucosa. Clinical signs related to hypoalbuminemia will



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occur when albumin levels drop below 1.5 g/dl; a loss of oncotic pressure will ensue and precipitate ascites, thoracic effusion, and peripheral edema. Causes of PLE may include: inflammatory changes to the gastrointestinal mucosa or inflammatory bowel disease (IBD); food allergies resulting in IBD; ulcerative disease; granulomatous disease (fungal disease); immunoproliferative enteropathy; neoplasia (lymphoma being most common); and lymphangiectasia. Intussusception and parasitic infection can result in PLE in young animals. Lymphangiectasia typically occurs as a secondary disease process, with lymphatic duct dilation secondary to underlying inflammation or neoplastic cells. Primary lymphangiectasia is a congenital disease typically found in young dogs, especially Basenjis and Norwegian Lundehunds. Some breeds, such as Wheaten Terriers, Rottweilers, German Shepherds, Norwegian Lundehunds, Yorkshire Terriers, and Basenjis, are more predisposed to PLE than others. Heritability has been demonstrated in Wheaten Terriers and Basenjis. Yorkshire Terriers are ten times more likely to develop IBD and nine times more likely to suffer hypocalcemia and hypomagnesemia with IBD.

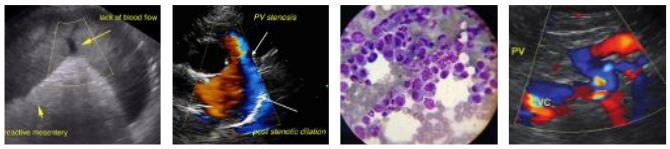
Clinical Signs: Canine patients are typically the most susceptible to PLE (cats are less commonly affected), and will often display anorexia, weight loss, vomiting, and diarrhea. Interestingly, some patients may present with pleural or peritoneal effusion secondary to severe hypoalbuminemia, but may not exhibit primary signs of gastrointestinal disease, such as diarrhea or vomiting. Ascites and/or pleural effusion or subcutaneous edema can occur subsequent to hypoalbuminemia. Signs of thromboembolic disease, such as dyspnea due to pulmonary thromboembolism, can occur secondary to a lack of anti-thrombin III (AT-III).

Diagnostics: Typical laboratory abnormalities include hypoalbuminemia and/or hypoglobulinemia. If globulin levels are within normal limits, they are usually at the lower end of normal. Lymphocytes and cholesterol may be decreased, especially in cases of lymphangiectasia, due to a loss of lymphocytes and cholesterol in the lymph. A regenerative anemia can occur due to blood loss, although anemia due to iron deficiency may ensue in chronic cases. Hypocalcemia may transpire secondary to albumin loss (pseudohypocalcemia) or the calcium can be truly subnormal as a result of hypovitaminosis D due to PLE. Hypomagnesemia is common as well. Severe PLE can lead to a decline in AT-III levels, which can then result in a prothrombotic state. Thus, AT-III levels should be measured in severely hypoalbuminemic patients.

The clinician should consider ultrasound as a non-invasive method to help determine the cause of hypoalbuminemia. Ultrasound can be utilized to evaluate the GI tract, kidneys, liver, and adrenals. It will also help identify the potential sources of albumin loss (GI or renal), whether there is a lack of albumin production (liver), or if the condition is linked to hypoadrenocorticism (adrenal), which may also be associated with hypoalbuminemia (the ultrasound may reveal isoechoic flattened adrenals < 0.32 cm). These findings should also be considered in combination with a bile acid test to rule out hepatic insufficiency, a urine protein-creatinine (UPC) ratio to assess for urine protein loss, and a fecal Alpha 1-Proteinase Inhibitor test to assess for GI protein loss. An ACTH stimulation test may be indicated if hypoadrenocorticism is clinically suspected.

One should measure serum TLI, folate, and B_{12} levels to evaluate for evidence of small intestinal bacteria overgrowth or to establish the presence of small intestinal disease due to cobalamin loss and elevated folate levels. The TLI will also confirm exocrine pancreatic insufficiency as a differential diagnosis for diarrhea and weight loss. A fecal exam should be submitted to rule out parasites.

Sonographic abnormalities may include thickening of the intestinal wall and mucosal striations. One study has shown that the presence of mucosal striations has a sensitivity of 75% and specificity of 96% in dogs that have PLE; however, mucosal stippling appears to be a non-specific finding. Administration of corn oil (0.5-1 ml/kg) one hour prior to the ultrasound will enhance the visibility of mucosal striations in the small intestine during the sonogram. Solitary masses or focal intestinal thickening and lymphadenopathy can be evaluated, and sometimes fine needle aspiration (FNA) of a mass or enlarged lymph node may yield a



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diagnosis, especially in cases of lymphoma. If the results are inconclusive, then surgical biopsy should ideally be guided by an intraoperative ultrasound, especially if the lesions are focal. An ultrasound-guided core biopsy would only be considered if a bowel mass was large enough to biopsy the tissue without sampling through to the lumen, which could result in the leakage of bowel contents and subsequent peritonitis.

A definitive diagnosis of PLE can only be obtained via histopathology. This is preferably achieved with a surgically obtained full-thickness biopsy or an endoscopic-guided biopsy performed the morning after the patient has eaten a high-fat meal so that the lacteals are dilated and lymphangiectasia can be adequately diagnosed. There may be some increased risk to obtaining full-thickness biopsies in patients with severe hypoalbuminemia due to decreased healing and increased risk of dehiscence. Thus, the cost-benefit of full-thickness biopsy versus an endoscopic biopsy should be considered on a case-by-case basis.

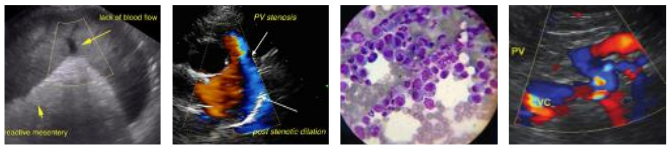
Endoscopy should be performed using two approaches—via the stomach to biopsy the duodenum, and via the colon to biopsy the ileum—thereby maximizing the information one can yield from biopsy. Yet, transmural disease, such as lymphoma affecting the muscularis and submucosa, is not typically assessed very readily via endoscopy. A sonogram of the GI tract can help determine whether the pathology is luminal and thus available for sampling through endoscopy, or mural or serosal and therefore necessitating surgical biopsy.

Treatment: Therapy for PLE is dependent on the underlying disease process. Given that a significant fraction of PLE cases are the result of a food allergy causing IBD, whether or not lymphangiectasia is concurrent, dietary trials with a hydrolyzed protein diet or a novel protein diet are a good choice, especially if IBD has been confirmed on biopsy. If, however, severe lymphangiectasia has been diagnosed, a fat-restricted diet is preferred. In some cases, a specially formulated homemade diet may be most appropriate and should be determined in consultation with a veterinary nutritionist.

Empirical broad-spectrum deworming should be pursued using fenbendazole at 50 mg/kg PO Q24hr for 5 days; repeat in 2 weeks. Treating for small intestinal bacterial overgrowth can also be considered, especially if there is evidence of elevated folate levels. In such cases, one should administer metronidazole (15mg/kg PO BID) or tylosin (10-20 mg/kg PO BID).

If IBD has been confirmed, immunosuppressive therapy with prednisone should be administered at 2 mg/kg/day for a 2-4 week induction period. Subsequently, the patient should be weaned slowly to 1 mg/kg/day, and eventually dosed every other day. In large and giant breed dogs, dosing per body surface area is recommended to avoid overdosing and the precipitation of severe side effects; the recommended dose is 30-40mg/m^2 for large breed dogs. Concurrently administering azathioprine (Immuran) (2mg/kg PO Q24hr for 10 days, then 1 mg/kg PO Q24hr, and eventually every other day on alternate days to the prednisone; note that alternative protocols exist at a dose of 1-2 mg/kg PO Q24hr) can be considered if the patient is nonresponsive to prednisone alone. Cyclosporine is an alternative immunosuppressant; however, it can be quite expensive, especially in large dog breeds, and should be dosed at 3-5mg/kg PO Q12-24hr to start. Blood cyclosporine levels should be evaluated 7 days after initiating treatment; one can adjust the dosage at that point if need be. Concomitant use of ketoconazole (2.5-5 mg/kg PO BID) inhibits some metabolism of cyclosporine, leading to higher blood concentrations of the latter without increasing the overall dose (or cost to the owner). Typically, the dose of cyclosporine can be cut in half when dosed in conjunction with ketoconazole.

In the presence of effusions, colloid therapy may be beneficial and can include hetastarch at 10-20 ml/kg, which can be given as an initial bolus and the rest over 4-6 hours, or, alternatively, over a 24-hour period as a CRI (1-2 ml/kg/hr; do not to exceed 20 ml/kg/24 hours). Fresh frozen plasma is typically ineffective at raising albumin levels; however, in an emergency situation, one can give it at 10-20 ml/kg IV over 3-4 hours.



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Human albumin is more effective at raising serum albumin levels; it also helps provide oncotic support during diagnostic procedures, such as obtaining biopsies, for example. Repeat administration can result in anaphylactic reactions, but that outcome is rare.

Diuretics can be utilized in the face of severe ascites, but they are not particularly effective. Spironolactone is preferred (2 mg/kg PO BID) and low-dose lasix can be added if necessary (1-2 mg/kg PO BID). Abdominocentesis should only be pursued if the patient is experiencing discomfort due to exaggerated abdominal distention. Excessive drainage will cause further depletion of the protein supply, which runs counter to restoring balanced protein levels and can also often result in rapid fluid shifts, leading to acute hypovolemia and hypotension.

Anticoagulant therapy is suggested in the face of severe hypoalbuminemia (less than 1.5 g/dl). Therapeutic options include clodiprogel (2 mg/kg PO Q24hr) or aspirin (1 mg/kg PO Q24hr) in the hopes of preventing a potential thromboembolic episode, which can be the source of sudden death in cases of significant hypoalbuminemia in which there has been AT-III loss.

Patients should be supplemented with cobalamin (vitamin B_{12}) at 25-50 ug/kg once weekly for 4-6 weeks, then once every other week to once a month as needed.

If ionized calcium levels are decreased with corresponding clinical signs of hypocalcemia, calcium levels should be corrected with parenteral calcium gluconate (50-150 mg/kg IV over 12-24 hours). Long-term supplementation may be necessary for dogs suffering from concurrent hypovitaminosis D, secondary to IBD; this would entail administering calcitriol as well as oral calcium (calcium carbonate). In the face of hypomagnesiemia, magnesium sulphate (1mEq/kg/day IV) or magnesium oxide 10-20 mg/kg PO BID (milk of magnesia) may be utilized for magnesium supplementation; however, the latter may cause diarrhea.

Conclusion: PLE can be a challenging disease syndrome to treat given the multiple possible underlying etiologies and the severity of clinical sequelae characteristic of severe hypoalbuminemia. It is important, if possible, to obtain a definitive diagnosis, and addressing all potential comorbid issues is crucial to the success of its management. Dietary therapy is an important factor in long-term treatment as is attending to the underlying cause of the disease.

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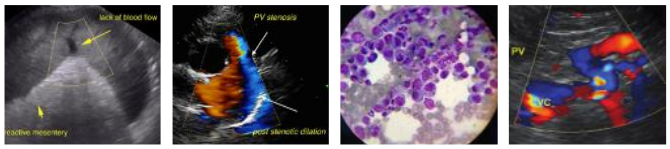

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