

**PATIENT PRESENTING CLINICAL SIGNS**

Molly Shallwani Health exam NSF but wondering about reason for elevated liver enzymes.

**SPECIES**

Canine

Abnormal PE/Chem/CBC/UA Results: CBC: nsf but plt count very elevated - suspect is from sampling as required a couple of attempts due to wiggleness Biochem: ALT M2 elevated at 553, ALP M3 elevated at 6,196 4Dx: all values neg

**ULTRASONOGRAPHIC EXAMINATION OF THE ABDOMEN**

**BREED**

Shih Tzu

**Urinary System**

Urinary bladder is adequately distended. It has a normal uniform wall thickness. Contents include primarily anechoic fluid with occasional echogenic non-shadowing debris, most consistent with exfoliated cells, mucous and/or small blood clots. Mineral/sand debris also present. Both sterile inflammation as well as urinary tract infection can also present with echogenic debris. No masses or cystoliths are observed. The trigone and visible pelvic urethra are normal in thickness with a smooth mucosal surface.

**SEX**

Spayed Female

**AGE**

11 Years

Kidneys are overall normal in size and shape with smooth peripheral margination. A normal 1:3 cortex to medulla ratio is maintained. The medulla and cortices are uniform in texture with some mild increased cortical echogenicity and mild loss of corticomedullary distinction, expected in this age patient. There is no evidence of pyelectasia, mineral or infarcts observed. The left kidney measures 4.7 cm. The right kidney measures 5.04 cm.

**WEIGHT**

17.8 Pounds

**Adrenal Glands**

Adrenal glands are plump/swollen in size. Normal shape and contour are maintained without evidence of capsular invasion. Corticomedullary structure is unremarkable. Visible surrounding vasculature appears normal. The left adrenal gland measures 1.4 cm long x 0.69 cm at the cranial pole and 0.63 cm at the caudal pole. The right adrenal gland measures 1.49 cm long x 1.0 cm at the cranial pole and 0.74 cm at the caudal pole.

**INTERPRETED BY**

Beth Johnson, DVM  
DACVIM

**Spleen**

Spleen is subjectively normal in size with a normal smooth capsular contour. Parenchyma is appropriately finely textured and homogenous with normal echogenicity relative to surrounding tissue (hyperechoic to liver). Multifocal well-demarcated hyperechoic homogenous nodules are noted. Splenic vasculature appears normal.

**IMAGING PERFORMED BY**

Crystal Hill

**HOSPITAL NAME**

Southside Pet Hospital

**Liver**

Liver is subjectively enlarged (swollen contour) without disruption of architecture. It has a normal homogenous echotexture. Parenchyma is diffusely hyperechoic characterized by less prominent than normal portal vein walls and increased echogenicity relative to the spleen and falciform fat. A 5.0 c x 9.0 cm, mixed, partially cavitated mass is noted in the mid caudal liver, caudal to the gallbladder, extending into the left caudal liver. Visible vasculature and biliary tree appear normal without distension or congestion.

**REFERRING VET**

Dr. Honda

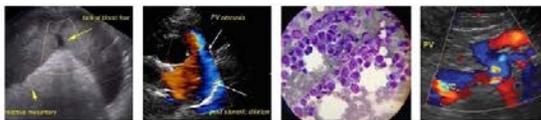
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Gallbladder is moderately distended with anechoic bile as well as suspended and gravity dependent echogenic debris. The wall is smooth without visible thickening. There is no evidence of cystic or CBD dilation. There is no evidence of effusion or inflammation.

**DATE**

8/25/22



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## Gastrointestinal

The stomach wall is normal in thickness (canine < 0.5 cm and feline < 0.4 cm) and layering. The lumen of the stomach is empty with no evidence of obstruction, foreign material or infiltrative disease. Pyloric outflow tract appears patent.

The visible small intestines are normal in wall thickness and layering (canine duodenum < 0.5 cm and feline duodenum < 0.4 cm; other < 0.3 cm). Small intestinal motility appears adequate (1-3 contractions per min). The lumen of the small intestine is empty with no evidence of obstruction, foreign material or infiltrative disease.

The visible colon is normal in wall thickness (< 0.2 cm) and layering. Contents are consistent with normal formed feces and gas.

## Pancreas

The pancreatic parenchyma is appropriately isoechoic to surrounding tissue. Visible capsule is smooth and normal in contour. There is no visible pancreatic duct dilation. There is no evidence of active peripancreatic inflammation.

## Free Abdomen

There is no evidence of free peritoneal effusion noted in these images.

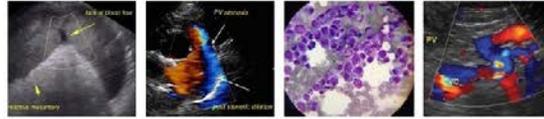
There is no apparent lymphadenopathy noted in these images.

## PRIMARY FINDINGS

- **Large, mixed, cavitated liver mass** – Top differentials include infiltrative malignant neoplasia such as hepatocellular carcinoma or less likely round cell neoplasia. A benign hepatoma or adenoma can't be definitively ruled out without tissue sampling.
- **Bilateral adrenomegaly** – consistent with adrenal hyperplasia secondary to pituitary dependent hyperadrenocorticism vs stress or normal variant. Interpret in combination with clinical signs of hyperadrenocorticism.
- **Gallbladder debris** - Cholecystic debris is of unknown clinical significance. It can be seen with biliary stasis from fasting or illness. Cholecystic debris is not necessarily related to hepatobiliary disease. Echogenic bile is most commonly an incidental finding in dogs and should be interpreted in combination with clinical signs such as nausea, inappetence, cranial abdominal discomfort and/or laboratory changes such as increased ALP and/or increased Tbili.
- Urinary bladder debris including mineral/sand

## SECONDARY FINDINGS

- **Hyperechoic splenic nodules** – most consistent with benign myelolipomas. Other differentials such as fibrosis or calcification caused by old hematomas or infarcts, chronic inflammation, granulomatous disease or metastatic disease cannot be ruled out, but are considered less likely.
- Age related kidney change



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**INTERPRETATION OF THE FINDINGS & FURTHER RECOMMENDATIONS**

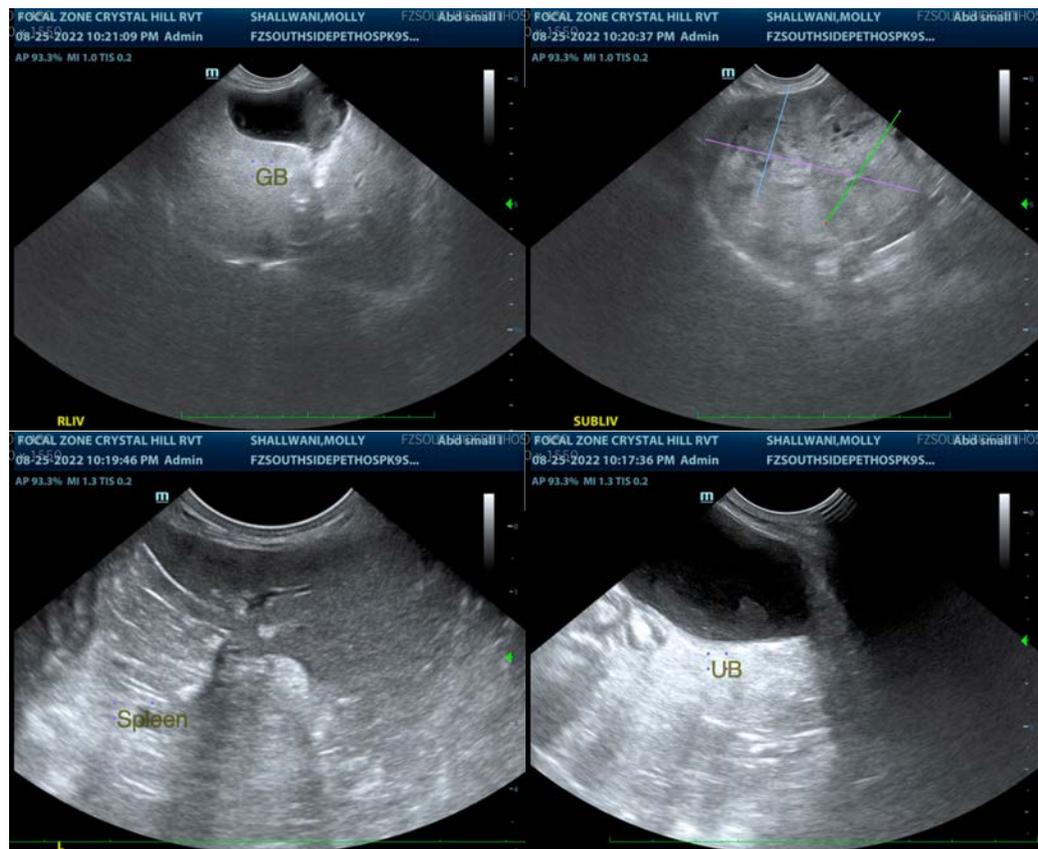
This patient has changes that can be seen with hyperadrenocorticism, and hyperadrenocorticism may partially be contributing to the increased liver enzymes. If clinical signs of hyperadrenocorticism are present now, or become present in the future, then testing may be warranted. However, the primary reason for the increased liver enzymes at this time is likely the liver mass. Therefore, recommendations include:

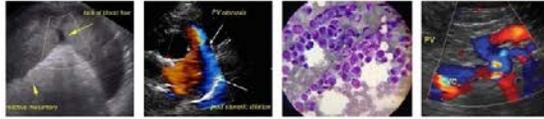
Three view thoracic radiographs are recommended for further assessment of cardio-pulmonary status as well as to further evaluate for any evidence of metastatic disease, if not recently evaluated.

A fine needle aspirate of the liver is recommended if patient's coagulation status is appropriate.

Alternatively, an exploratory laparotomy for planned liver lobectomy/excisional biopsy could be performed. Given the location of the mass, resectability seems probable based on these images. However, it is large and appears to encompass several liver lobes, so a pre-staging abdominal CT scan may be helpful to more definitively determine resectability.

Urinalysis and, if indicated based on urinalysis results, urine culture are recommended. If protein is present in an otherwise quiet sediment, protein quantification with a urine protein to creatinine ration is recommended.





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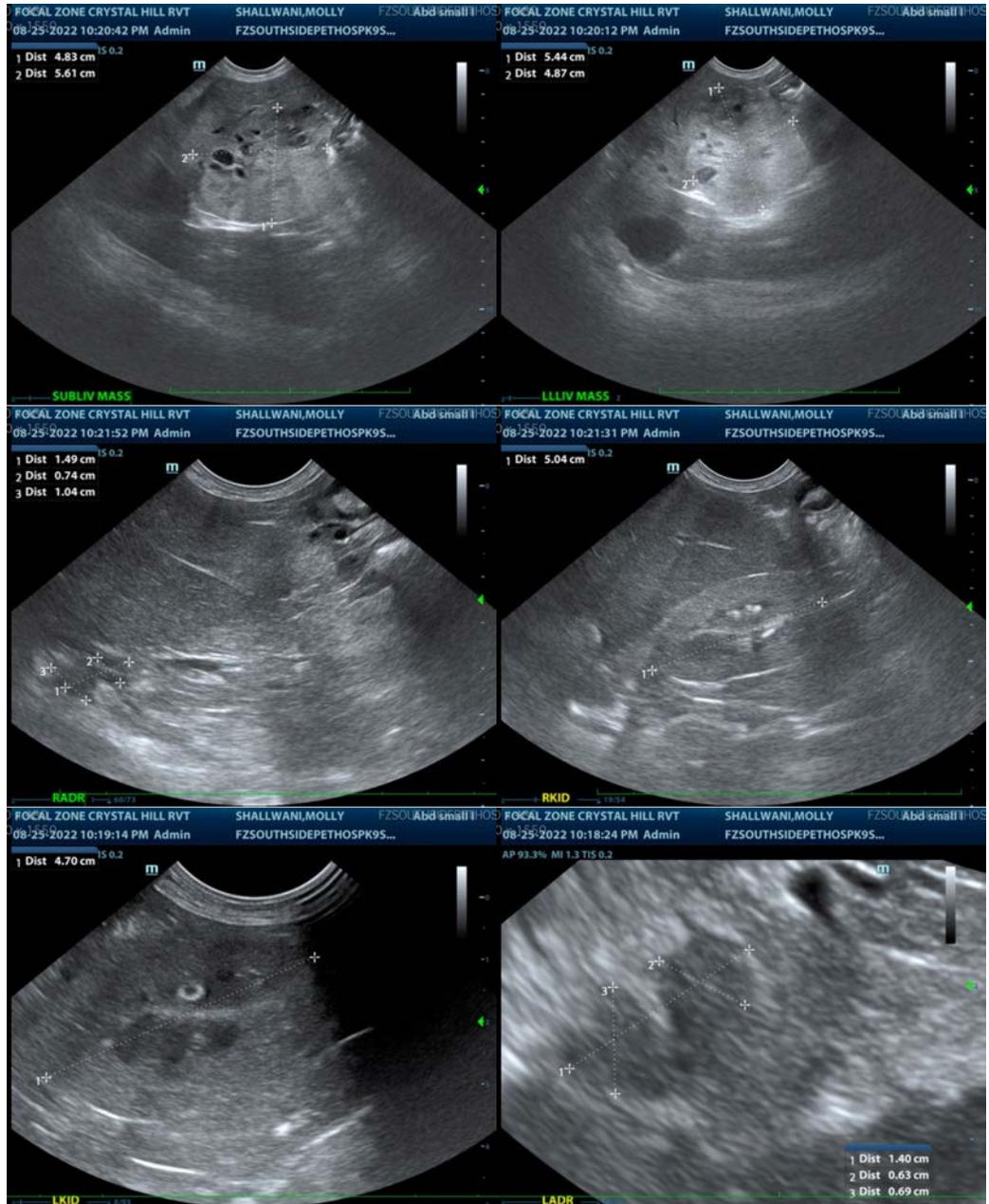
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The information and recommendations provided are based on the images presented by the referring veterinarian/sonographer. No evaluation can be communicated regarding pathology that was not visible in the image/video clips provided.

Thank you for this referral. If the clinical or image interpretation does not parallel your findings or if I can be of any further assistance please contact me.

**Beth Johnson, DVM, DACVIM**  
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