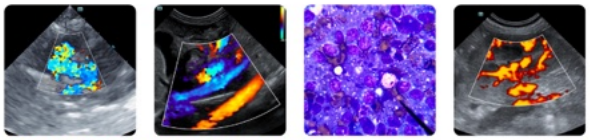

PATIENT

Cygnus Christians

SPECIES

Feline

BREED

Domestic Shorthair

SEX

Neutered male

AGE

8 years

WEIGHT

14.86 lbs

INTERPRETED BY

Bradley Harris, DVM, DACVECC, DACVIM (cardiology)

IMAGING PERFORMED BY

Dr. Andrea Nason

HOSPITAL NAME

Caravan Vet

REFERRING VET

Dr. Nason

INVOICE

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PRESENTING CLINICAL SIGNS

- Cygnus has a history of early HCM (previous echo via sonopath attached)
- Cygnus has no clinical signs of heart disease; he's clinically healthy
- Owner is interested in Felycin CA1 if he's a candidate - this is the main reason for a recheck echocardiogram. ECG screen and chest radiographs attached.
- Blood Pressure: 143 systolic
- Normal blood pressure via ACVIM guidelines - 143 systolic T4 - 1.9 ug/dL Crea 2.0, SDMA 12, BUN 24; USG 1.027 ProBNP 1126

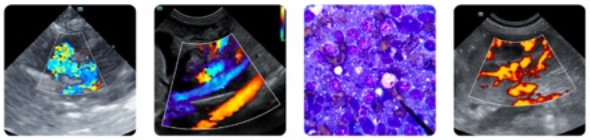
ULTRASONOGRAPHIC EXAMINATION OF THE HEART

The left atrium is mildly enlarged, based on 3 separate methods of evaluation. There are no distinct left atrial thrombi/clots or spontaneous echo contrast appreciated. The left ventricle is normal in dimension, with mild to moderate concentric hypertrophy, and no evidence of restriction. Left ventricular systolic function is normal, with adequate contractility based on fractional shortening and systolic left ventricular dimensions. The right atrium and ventricle are subjectively normal in dimension and systolic function. The anterior and posterior mitral and tricuspid valve leaflets presented normal linear structure, extension in systole, and union in diastole without regurgitation. There is no evidence of systolic anterior mitral motion documented. The left ventricular outflow tract demonstrated normal laminar flow and subjective structural valvular integrity. The visible aorta is unremarkable. Pulmonary outflow tract assessment revealed normal valve structure, laminar flow, and appropriate diameter and distensibility. There is no evidence of semilunar valve insufficiency or pulmonary hypertension documented. There is no visible pericardial, pleural, or free peritoneal fluid noted.

FELINE CARDIAC PARAMETERS	**BODY WEIGHT** (kg)	**HR** (BPM)	**IVSd** (cm)	**LVIDd** (cm)	**LVWd** (cm)	**FS** (%)	**EF** (%)
NORMAL PARAMETER	------	150-240	0.3-0.6	1.0-2.1	0.25-0.6	35-67	80-100
PATIENT	6.75 kg	240	0.7	1.4	0.82	64	NM
FELINE CARDIAC PARAMETERS	**LA/AO** (M-mode)	**LA/AO HEART BASE** (Sisson)	**LAD** LA MAX 4 Chamber		**LVOT VEL.** (m/s)	**RVOT VEL.** (m/s)	**IVRT** (m/)
NORMAL PARAMETER	<1.5	1.6	0.7-1.7		<1.6	<1.3	40-60
PATIENT	NM	1.54	2.02		NM	NM	NM
Adapted from June Boon,Veterinary Echocardiography,1998 Sisson D et al. JVIM 1991; 5: 232, Jacobs et al. Am J Vet Res 1985; 46:1705							

ECG:

There is a six-lead ECG with significant baseline artifact available for review. The underlying rhythm is regular at an average rate of 240bpm. The rhythm appears to be sinus in origin with narrow QRS



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complexes (<40ms). There is no atrial or ventricular ectopy and no conduction delay or block identified. This is most consistent with a normal sinus tachycardia.

ULTRASONOGRAPHIC FINDINGS

These findings identify left ventricular hypertrophy in the absence of an outflow tract obstruction, consistent with hypertrophic cardiomyopathy (HCM). As a consequence of the heart disease, the left atrium is now more significantly enlarged.

INTERPRETATION OF THE FINDINGS & FURTHER RECOMMENDATIONS

A systemic blood pressure and thyroid level are recommended to rule out systemic hypertension and hyperthyroidism as a cause for the left ventricular hypertrophy, respectively. If normal, then the left ventricular hypertrophy is secondary to primary hypertrophic cardiomyopathy. The clinical course for cats with HCM is incredibly variable. Results of future rechecks, especially the echocardiogram, will help us better determine the long-term prognosis. Cats with mild cardiac changes can live for years with static disease. Complications are more likely to occur in cats with advanced heart disease, and include congestive heart failure, sudden death due to arrhythmias, and thromboembolism.

There is uncertainty when considering therapy in an asymptomatic cat with heart disease prior to the onset of heart failure. The presence of hypertrophy makes the use of a beta blocker worth considering. However, beta blockers do have the potential to worsen hemodynamic function, which is more of a concern in the setting of left atrial dilation. In these cases, the concurrent use of an ACEi (enalapril/benazepril) can be considered as well at 0.25-0.5 mg/kg orally once a day with a recheck of blood pressure and renal values in one week and three months. Additionally, Plavix/clopidogrel could also be initiated as an anti-thrombotic (1/4 of a 75 mg tablet, or 18.75 mg PO q 24 h). Due to the bitter taste of this medication, it may be best to place it in an empty gelatin capsule or use products such as a Pill Pocket. The challenge of treating these cats is the lack of significant data to support a meaningful benefit (most of the rationale for their use is theoretical), coupled with the potential for adverse effects (low BP, renal impairment, potential exacerbation of CHF). If atenolol is used, the atenolol dose would be 1-2mg/kg once daily (with the potential of increasing to BID if tolerated after 1 week). A recheck of heart rate, BP, and chemistry would be indicated 1 week after starting therapy; at that time the need for higher doses of atenolol can be assessed. Ultimately, a conversation with the owner is necessary to determine what course of therapy is most suitable for them. A recheck echocardiogram is recommended in 6 months to monitor for progression, or sooner, if clinical signs are noted. Owners should begin monitoring the resting respiratory rate. A normal respiratory rate is less than 30 breaths per minute; however, the trend in breathing rate is most important. If a progressive increase in respiratory rate is seen, then evaluation by a veterinarian is necessary.

Recently, the FDA authorized conditional approval of the medication Felycin (delayed-released rapamycin) in feline patients with sub-clinical HCM which in early studies has shown to reduce left ventricular wall thickening/hypertrophy. However, extensive information regarding the use/indications, potential side effects, and monitoring is still emerging, and patients with atrial dilation were excluded from the most recent RAPACAT study.

Anesthesia considerations:
While there is no CHF present, there is likely an increased anesthetic risk which must be considered prior to any anesthetic procedure. If anesthesia is necessary, then alpha-2 agonists, ketamine, high dose acepromazine, and Telazol should be avoided. If an ACE inhibitor (enalapril, benazepril) or spironolactone is being given, it should not be administered on the morning of general anesthesia. Other

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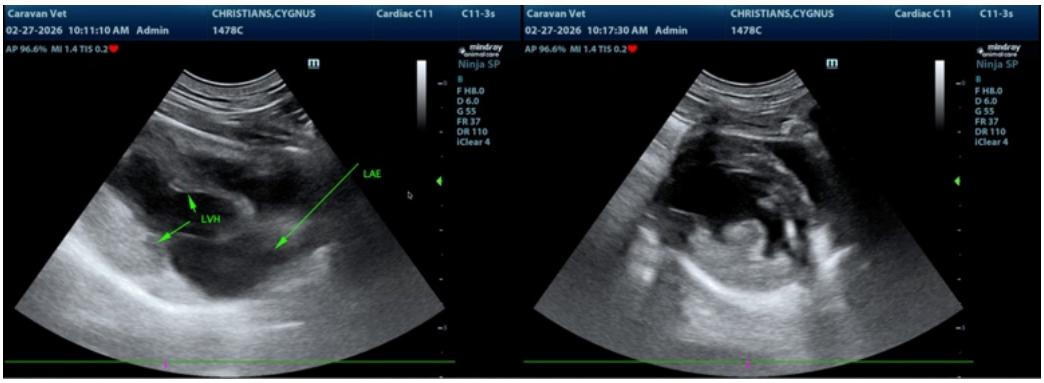
cardiac medications should be administered per the normal dosing schedule. Fluid therapy during anesthesia should be considered at a reduced rate (e.g., 2-3 ml/kg/hour) if possible (i.e., if not hypotensive). A shorter anesthetic duration will reduce the risk of complications. Pre-oxygenation is advised. Premedication with an opioid (i.e., butorphanol, hydromorphone, oxymorphone) with or without a benzodiazepine is generally the safest protocol. An induction agent such as Propofol, alfaxalone, or diazepam/etomidate can be used to effect. Maintenance of anesthesia with isoflurane or sevoflurane is reasonable.

Diet:
No special considerations are necessary. Any high-quality food from Hills, Royal Canin, Science Diet, Eukanuba, Iams, or Purina is reasonable.

Activity:
Avoid overly strenuous activity.



The information and recommendations provided are based on the images presented by the referring veterinarian/sonographer. No evaluation can be communicated regarding pathology that was not visible in the image/video clips provided.

Thank you for this referral. If the clinical or image interpretation does not parallel your findings or if I can be of any further assistance please contact me.

Bradley Harris, DVM, DACVECC, DACVIM (cardiology)

info@SonoPath.com